

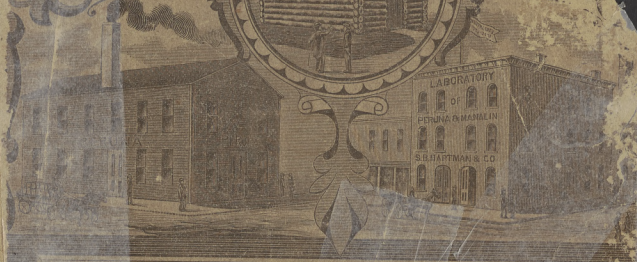
# PERUNA ALMA

FOR 1898

ISSUED EACH YEAR BY THE PERUNA DRUG MFG.

WHERE PERUNA WAS FIRST MADE

SECOND  
PERUNA  
LABORATORY



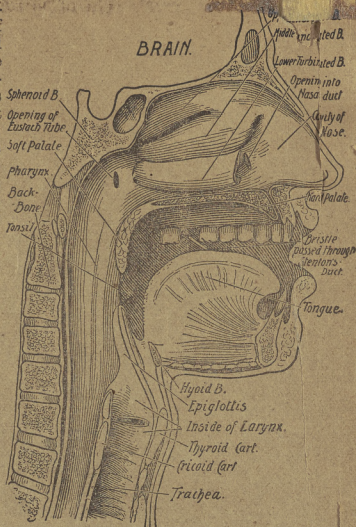
PRESENT LABORATORIES OF PERUNA

HANDY BOOK OF INFORMATION FOR THE FAMILY  
ONE COPY FOR EACH HOUSEHOLD.

# Chronic Catarrh Illustrated.

It is a longitudinal section of the throat for the purpose of showing the parts of the nose, throat and pal parts shown in the diagram are marked with lines indicating the position of the part. The parts included include the most frequent causes of chronic catarrh. The fact mainly that these parts are exposed to the changes of temperature in breathing. All of these parts are lined with the mucous membrane, which is the mucous membrane lining the passages and cavities of the human body. Any mucous membrane is liable to become diseased, but in some locations the mucous membrane is more exposed to the causes of chronic catarrh—as, for instance, the mucous membrane shown in the accompanying cut. There are few persons, indeed, who have not more or less catarrh of the nose or throat. What is commonly called a cold is acute catarrh, which, allowed to become chronic, constitutes chronic catarrh. Every inspiration brings the atmosphere in direct contact with the delicate membranes of the nose and throat. If the air is cold or humid or charged with epidemic disease, the sensitive membrane soon becomes diseased unless special care is taken to prevent it. Pe-ru-na is a great preventative to the climatic diseases of winter; and should be taken before meals and at bedtime by all persons who take cold easily or who are necessarily much exposed to the inclemencies of the weather.

The cut shows very admirably the nasal cavity, the naso-pharynx—sometimes called the naso-pharyngeal space—the oro-pharynx, the upper end of the œsophagus, and the larynx. All of these parts are lined with one continuous mucous membrane, which is subject to chronic catarrh, which begins and spreads to the various parts in the throat above named.



## INDEX.

	PAGE		PAGE
Acidities, facial	3	Facial sinuses	13
Adenitis	32	Free treatment	28
Arteries	32	Greater New York	17
Catarrh of	19	Heart disease	25, 31
Disease	29	Indigestion	31
Acute and chronic	2, 30	La-cu-pi-a	30
Diseases	17	La grippe	15
Explained	31	Malaria	23
Insensibility	21	Man-a-lin	30
Intestines	27	Mars	32
Intestine	27	Microscope	9
Catarrh only	9	Mucous membrane	7
Intestines	21	Musical composers	23
Intestines	21	Nervous debility	13
Dyspepsia	23	Nervousness	31
Ear ache	2	Nervous system	28
Ears, running	3	Neuralgia	30
		Ocean depth	15
		Palpitation	13
		Pe-ru-na not a cure-all	28
		Pure blood	17
		Religious sects of the U.	25, 31
		Rheumatism, chronic	31
		Schneiderian membrane	30
		Size of the earth	15
		Sovereigns of Europe	23
		State flowers	30
		Surgical Hotel	32
		Tonsils	9
		Total eclipse	7
		Trans-Siberian railway	23
		United States army	13
		United States money	31
		Weather predictions	28
		Y. M. C. A.	30
		Zodiac	15



# THE PERUNA ALMANAC FOR 1898

A RELIABLE GUIDE FOR FAMILY USE FOR FARMERS, LABORERS, MECHANICS, MERCHANTS, AND PROFESSIONAL MEN.

This Almanac will be issued every year by the first of December. Any person desiring to receive it regularly should send name and address, to be entered in our books. People changing residence should inform us at once, so that we can make the proper correction. Any one failing to receive a copy by the first of January each year should notify us, and one will be promptly sent.

The information in this book is absolutely reliable, according to standard encyclopedias, text-books, and public documents. Astronomical matter computed by W. A. Gathright, Dabneys, Va.

## CHRONOLOGICAL ERAS, CYCLES, etc.

The year 1898 comprises the latter part of the 122d and the beginning of the 123d year of American Independence, and corresponds to—

The year 6611 of the Julian Period; the year 5658-5659 of the Jewish Era (the Jewish New Year 5659 begins at sunset September 16, 1898); the year 2651 since the foundation of Rome according to Varro. The year 2558 of the Japanese Era, and to the 31st year of the Period entitled "Meiji." The year 1316 of the Mohammedan Era, or the Era of the Hegira, begins on the 22d day of May, 1898. The first day of January, 1898, is the 2,414,291st day since the commencement of the Julian Period.

## CHRONOLOGICAL CYCLES.

Dominical Letter B.  
Lunar Cycle or Golden No., 18.

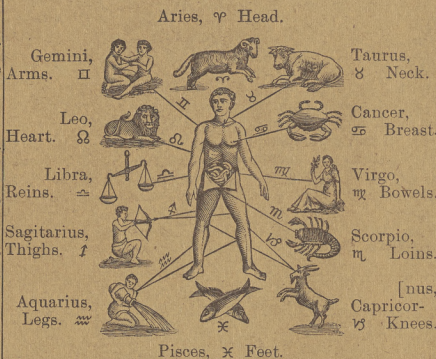
Epact 7.  
Solar Cycle 3.

Roman Indiction 11.  
Julian Period 6611.

### Morning and Evening Stars for 1898.

The Planet Venus (♀) will be Morning Star till Feb. 13th; then Evening Star until Dec. 2d; then Morning Star the rest of the year.

The Planet Mars (♂) is Morning Star all through this year.



### Morning and Evening Stars for 1898.

The Planet Jupiter (♃) will be Morning Star till March 27th; then Evening Star till Oct. 14th; after which he will be Morning Star to the end of the year.

The Planet Saturn (♄) is Morning Star until May 31st; then Evening Star till Dec. 7th; and then Morning Star until the end of the year.

Epiphany, January 6.  
Septuagesima Sunday, February 6.  
Sexagesima Sunday, February 13.  
Quinquagesima Sunday, February 20.  
Shrove Tuesday, February 22.  
Ash Wednesday, February 23.

## CHURCH DAYS.

Quadragesima Sunday, Feb. 27.  
Palm Sunday, April 3.  
Good Friday, April 8.  
Easter Sunday, April 10.

Low Sunday, April 17.  
Rogation Sunday, May 15.  
Ascension Day, May 19.  
Whit Sunday, May 29.  
Trinity Sunday, June 5.  
Advent Sunday, November 27.

## SEASONS FOR 1898.

Vernal Equinox (Spring begins) March 20d. 9h. A. M. Autumnal Equinox (Autumn begins) Sept. 22d. 12 M.  
Summer Solstice (Summer begins) June 21d. 5h. A. M. Winter Solstice (Winter begins) Dec. 21d. 2h. P. M.

## ECLIPSES, 1898.

In the year 1898 there will be six eclipses—three of the Sun and three of the Moon.  
I.—A partial eclipse of the Moon January 7; visible generally in the Eastern parts of North America, in South America, Europe, Africa and Asia. II.—A total eclipse of the Sun January 22; not visible here, but visible in the Eastern portions of Africa and Europe, the Central and Southern portions of Asia, and a portion of the Indian Ocean. III.—A partial eclipse of the Moon July 3; invisible in the United States; but visible generally in Europe, Asia and Africa. IV.—An annular eclipse of the Sun July 18; not visible here, but visible to a large number of the small islands of the South Pacific Ocean. V.—A partial eclipse of the Sun December 13; invisible here. VI.—A total eclipse of the Moon December 27; visible to North and South America, Europe, Asia and Africa, occurring in the United States according to time-table on page 3.



S. B. HARTMAN, M. D.

### CATARRH—ACUTE AND CHRONIC.

There are few persons, indeed, who do not have more or less catarrh; and if the proper treatment was adopted in the early stage of the disease a cure could always be effected in a few days, or a week or two weeks at farthest; but, unfortunately, treatment is generally deferred until the symptoms become annoying, and then a longer time is required to effect a cure.

The proper treatment for this disease in every stage is Pe-ru-na. In the acute stage a teaspoonful every two hours, continued for a few days or a week, will make a permanent cure. In chronic catarrh the dose of Pe-ru-na is a tablespoonful to the average person, before each meal and at bedtime. If the catarrh is a stubborn one, during the second month the dose should be increased to two tablespoonfuls, and after that no further increase in the dose should be made. But delicate persons, male or female, should begin with a teaspoonful four times a day, as above, and gradually increase it so that at the end of a month a tablespoonful is taken at each dose. Such persons should continue this dose until cured.

Pe-ru-na is the only medicine required to cure chronic or acute catarrh, whether located in the nose, head, throat, or in any other part of the body. In thirty-five years the writer

has never met with a single case that this remedy did not effect an entire cure, when it was sufficiently persevered in.

It sometimes happens, however, that the accumulation of dried mucus in the nose interferes with breathing to such an extent that it ought to be removed every morning and every evening, so that Pe-ru-na will not be retarded in its curative action. The best and most effectual way to remove this hardened mucus is as follows:

Make a weak solution of salt and warm water (say an even tablespoonful of salt to a quart of warm water), snuff it up from the palm of the hand through the nose, so as to come out through the mouth; also blow the nose. Continue this process until you are sure that all mucus and scabs from the nose and the upper part of the throat have been removed. Do this on going to bed and on getting up in the morning—twice daily. This will enable you to breathe through the nose.

Another complaint is sometimes made, and that is, the patient will take fresh cold while under the treatment, and which also retards the curative effects of the Pe-ru-na. This can be entirely prevented by gargling with a strong cold solution of salt water. The very best way of gargling is as follows:

Put six tablespoonfuls of common table salt into one quart of cold water and keep the solution in a cold place. Then be seated on a low-backed chair, take a mouthful of the gargle, close the lips tightly, hold the nose shut with the thumb and finger, throw your head far back, and make the motion of swallowing, or any motion of the throat that you can make, without actually swallowing. Do this as long as you can hold your breath, and then spit it out. Gargle on going to bed (after cleansing the mucous membrane), on getting up in the morning, and after each meal; that is, five times daily. This will keep you from taking fresh cold; and Pe-ru-na will then positively cure every case.

**Earache—Acute Catarrh of the Ear.**—A dose of Pe-ru-na, according to age, every three hours. Dry heat gives relief. Tobacco smoke puffed into the ear, or ear filled with warm water, often gives temporary relief.

It is a well-known law of disease that the longer it has run the more tenaciously it becomes fastened to its victim.



## A TOTAL ECLIPSE.

A total eclipse of the moon will occur December 27th, 1898. Visible to North and South America, Europe, Asia and Africa; occurring in the United States, according to the following table:

East'n Stand'd Time.

	D.	H.	M.	
Moon enters shadow.....	27	4	47	P.M.
Total eclipse begins.....	27	5	58	P.M.
Middle of eclipse.....	27	6	42	P.M.
Total eclipse ends.....	27	7	27	P.M.
Moon leaves shadow.....	27	8	36	P.M.

For Central Time subtract one hour; for Mountain Time, two hours; for Pacific Time, three hours.

## Facial Abscesses.

An abscess or accumulation of pus is liable to occur in any one of the facial sinuses. They are the result, nearly always, of catarrhal inflammation. The difficulty with which any catarrhal accumulation finds its escape from these sinuses is liable to set up pustulation, resulting in an abscess. After an abscess is once formed the only rational treatment is the opening of the abscess, which will allow the accumulated pus to escape. People who have catarrh of the head and throat are very liable to these abscesses. To cure the catarrh is the only sure preventive.

## Cured of Catarrh.



A. F. STERN,  
Marine City, Mich.

"I was troubled with catarrh for three years and tried almost every catarrh medicine I heard of. I went down to Delaware, Ohio, to attend college, where I got one of your Almanacs, and saw another remedy for catarrh. I was almost discouraged with trying all kinds of medicine, but my room mate told me that your medicine was all right, and so I tried it. After taking seven bottles according to directions I was cured and felt like a new man. I recommend it to all who are suffering with this dreadful disease. It is the best medicine for catarrh. I owe my health to you."

A. F. STERN.

## The Tonsils.

The tonsils are two glandular bodies located on each side of the upper part of the throat. They are between what is known as the anterior and posterior pillars of the soft

palate. They are in form round and vary in size in different persons. They are liable to become enlarged, especially in children, as the result of catarrhal attacks. In adults they are subject to acute catarrh and the formation of abscesses, ordinarily called quinsy or tonsilitis. They usually open and discharge soon enough to prevent choking without any surgical interference, but sometimes it becomes necessary to lance them. Hot poultices or flannel clothes wrung out of hot water should be diligently applied and changed often as soon as the gathering begins, and a teaspoonful of Pe-ru-na taken every hour. If Pe-ru-na is taken in time it will prevent the formation of abscesses in the tonsils, and thus save a long list of difficulties common to quinsy. Those subject to attacks of quinsy should begin to take Pe-ru-na at the appearance of the first symptom, as it will rarely fail to prevent the gathering from taking place. As soon as the acute symptoms subside a teaspoonful of Pe-ru-na should be taken every three hours until recovery is complete.

## Catarrh of Ears.

My little boy had what our family physician called a rising in his head. He had been troubled with it for four years. Awhile last fall both ears ran, but only one troubled him continually. He is five years old. I gave him your medicine according to directions, and it has proved to be good.

The boy seems to be entirely well. There is no symptom of his old disease and he is in perfect health—as "fat as a pig." I wish every person suffering with catarrh could read this letter. Your medicine has worked wonders with my son, curing him of catarrh of four years' standing. I don't think you can say or write too much about such medicine.



SQUIRE CARY,  
Augusta, Ark.

C. L. CARY.

**Running Ears.**—Chronic Catarrh of the Ear—La-cu-pi-a should be given in doses suited to the age of the person three times a day. The ear should be plugged full of finely pulverized boracic acid, stamping it in tightly, and allowing it to remain a week, then syringing it out with warm water; then fill again, if necessary.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Slow. M.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.
Full Moon...	7 7 24 E.	7 6 24 E.	7 5 24 E.	7 4 24 E.								
Last Quarter	15 10 44 M.	15 9 44 M.	15 8 44 M.	15 7 44 M.								
New Moon...	23 2 25 M.	22 1 25 M.	22 12 25 M.	21 11 25 E.								
First Quarter	29 9 33 M.	29 8 33 M.	29 7 23 M.	29 6 23 M.								
1 Sat	Emancipation proclamat'n 1863.					4 ♄	7 24	4 44	1 50	7 3	5 5	1 34
2 Sun	Pe-ru-na cures cough.					4 ♀	7 24	4 45	2 52	7 3	5 6	2 31
3 Mon	Gen. Mercer killed 1777.					5 ♀	7 24	4 46	3 53	7 3	5 7	3 29
4 Tues	Isaac Newton born 1642.					5 ♀	7 24	4 47	4 51	7 3	5 8	4 24
5 Wed	Consumption begins with cough.					6 ♀	7 24	4 48	5 46	7 3	5 8	5 18
6 Thurs	♂ ♀ ☉ Epiphany.					6 ☐	7 24	4 49	6 35	7 3	5 9	6 8
7 Frid	Fillmore born 1800.					7 ☐	7 24	4 50	rises	7 3	5 10	rises
8 Sat	Battle of New Orleans 1815.					7 ☐	7 24	4 51	5 31	7 3	5 11	5 51
9 Sun	Napoleon III. died 1873.					8 ☌	7 24	4 52	6 34	7 3	5 12	6 50
10 Mon	A cold is always dangerous.					8 ☌	7 24	4 53	7 40	7 3	5 13	7 51
11 Tues	Alexander Hamilton born 1757.					8 ☌	7 23	4 54	8 47	7 3	5 13	8 53
12 Wed	Pe-ru-na cures colds.					9 ☌	7 23	4 55	9 51	7 3	5 14	9 51
13 Thurs	Patent to Plymouth 1630.					9 ☌	7 23	4 56	10 58	7 3	5 15	10 52
14 Frid	♂ ♀ ☾					9 ☌	7 22	4 57	morn	7 3	5 16	11 59
15 Sat	Our Catarrh Book sent free.					10 ☌	7 22	4 58	0 10	7 3	5 17	morn
16 Sun	Gibbon died 1794.					10 ☌	7 22	4 59	1 25	7 2	5 18	1 7
17 Mon	Health is better than wealth.					10 ☌	7 21	5 0	2 40	7 2	5 19	2 17
18 Tues	♂ ♀ ☾					11 ☌	7 21	5 1	3 54	7 2	5 19	3 29
19 Wed	Gen. Robert E. Lee born 1807.					11 ☌	7 20	5 2	5 6	7 2	5 20	4 38
20 Thurs	♂ ♀ ☾ ♂ ♂ ☾					11 ♀	7 19	5 4	6 6	7 1	5 21	5 40
21 Frid	♂ ♀ ☾					12 ♀	7 18	5 5	6 57	7 1	5 22	6 33
22 Sat	Send for book of testimonials.					12 ♀	7 18	5 6	sets	7 1	5 23	sets
23 Sun	John Quincy Adams died 1848.					12 ♀	7 17	5 7	7 0	7 0	5 24	7 9
24 Mon	Swedenborg born 1688.					12 ☌	7 16	5 9	8 15	7 0	5 25	8 18
25 Tues	Consumptives should write us.					13 ☌	7 16	5 10	9 22	6 59	5 26	9 20
26 Wed	Michigan admitted 1837.					13 ☌	7 15	5 11	10 29	6 59	5 27	10 22
27 Thurs	Mozart born 1756.					13 ♄	7 14	5 12	11 36	6 58	5 28	11 22
28 Frid	Pe-ru-na in use over 40 years.					13 ♄	7 13	5 13	morn	6 57	5 29	morn
29 Sat	Kansas admitted 1861.					13 ♀	7 12	5 15	0 40	6 57	5 30	0 22
30 Sun	1st silv. dol. coined in U. S. 1794.					14 ♀	7 12	5 16	1 43	6 56	5 31	1 20
31 Mon	James G. Blaine born 1830.					14 ☌	7 11	5 17	2 42	6 55	5 32	2 17

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—January 4, 1898—Fast of Tebeth; 24, Rosh-Hodesh Shebat.

1	17
2	18
3	19
4	20
5	21
6	22
7	23
8	24
9	25
10	26
11	27
12	28
13	29
14	30
15	31
16	



### Weather Predictions.

Weather predictions, at best, are very uncertain. About the only data for making weather predictions, more than two or three days ahead, are the data of the conjunctions of the planets with the earth, sun or moon. Other things being equal, storms are more liable to occur during or closely following one of these conjunctions. Except the regular equinoctial storms, which are also uncertain in their date, there is no other possible way by which any rational conjecture can be made. While these conjectures are uncertain, yet they do convey a strong probability. In cases where these conjectures fail, the failure is likely to be local instead of general. The terrestrial disturbances caused by these conjunctions may not precipitate a storm exactly on the same date of the conjunctions. The storm may occur a day or two before, or a day or two after. The chances are, however, that it will occur on the dates mentioned.

One very important fact should be remembered in regard to the dates of storms. The storms referred to in these predictions are not local, but of a general character. They form almost invariably in the northwest portion of the United States. They travel with different degrees of velocity, east and southeast, subject to numerous influences, which may either accelerate or retard their progress. The difference in date of the storms and the time of their reaching the eastern coast of the United States is generally two or three days, and may be even longer. The dates given as storm periods in this Almanac indicate the date of the formation of these regular storms. The farther east any place happens to be located the later will be the date on which the storm occurs. Places using Pacific or Mountain time can rely upon the dates as being essentially accurate as they are given. Places using Central time should add one or two days to the dates given. Places using Eastern time should add two or three days to the dates given.

### January Weather Predictions.

The storm periods for January, 1898, are three in number—the 6th, 14th, 18th to 21st. The first and second storm periods are light and of short duration; but the third storm period is indicated as protracted and severe. Between these dates no storm or other atmospheric disturbances are indicated.

### The Schneiderian Membrane.

The Schneiderian or nasal mucous membrane is continuous with the mucous membrane of the throat. This membrane is also continuous with the mucous surfaces of the middle ear through the Eustachian tubes and through numerous small passages; it is also continuous with the various sinuses of the face. The Schneiderian membrane is continuous with the mucous membrane lining the eye-lids, through the lachrymal ducts. It follows, therefore, that nasal catarrh, or catarrh of the Schneiderian membrane, easily spreads to all parts of the face and throat unless cured.

I am in a condition to inform you of my complete cure. I feel better now than I have for the last three or four years, and this is due to your advice and excellent medicines, Pe-ru-na and Man-a-lin. I have taken four bottles of Pe-ru-na and one of Man-a-lin, and now I am entirely cured. With heartfelt thanks I extend my best wishes and kind regards.

MARGARETTA  
PLATTNER.



MARGARETTA  
PLATTNER,  
Hermann, Mo.

### Pe-ru-na Is Not a Cure-All.

Pe-ru-na is not a cure-all. Nothing of the sort is claimed for it; indeed, there is no such medicine. Pe-ru-na cures catarrh wherever located in the body by its specific action on the vasa-motor system of nerves. These nerves control every blood-vessel of the body, regulating exactly the amount of blood which is allowed to flow through them. A congestion means too much blood. Anæmia means too little blood. Either of these conditions Pe-ru-na will cure simply because it regulates the functions of these nerves. Congestion of the blood-vessels leads directly to that most universal disease known as chronic catarrh; and it is through this source that it effects its cures in all catarrhal diseases, whose name is legion, but nature, one. In restoring these nerves to their function Pe-ru-na, therefore, is beneficial in all cases of irregular or insufficient circulation of the blood. In its power to restore these nerves to their proper vigor it happens, incidentally, that Pe-ru-na cures chronic malaria. This is because malarial poison uniformly results in destroying the function of these nerves. But the action of Pe-ru-na is a single one, although its curative effects are exerted in many conditions of the body which have been called different names. It is claimed for Pe-ru-na only that it restores the efficient action of the vasa-motor system of nerves. This is all it will do. This is all that we claim it will do. But we insist that if it is taken persistently and according to directions that it will do this. But in doing this what a vast multitude of disorders is mitigated, not because Pe-ru-na is a cure-all, but because so many maladies depend upon a single cause. Pe-ru-na is single in its effect.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Slow. M.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.
Full Moon...	6 1 24 E.	6 0 24 E.	6 11 24 M.	6 10 24 M.								
Last Quarter.	13 7 35 E.	13 6 35 E.	13 5 35 E.	13 4 35 E.								
New Moon...	20 2 41 E.	20 1 41 E.	20 0 41 E.	20 11 41 M.								
First Quarter	28 6 13 M.	28 5 13 M.	28 4 13 M.	28 3 13 M.								
1 Tues	Washington elected Pres't 1789.					14 8	7 10	5 18	3 39	6 54	5 33	3 11
2 Wed	Ground Hog's Day.					14 8	7 9	5 19	4 31	6 54	5 34	4 2
3 Thurs	Horace Greeley born 1811.					14 II	7 7	5 20	5 16	6 53	5 35	4 50
4 Frid	Battle of Morefield 1864.					14 II	7 6	5 22	5 56	6 52	5 36	5 33
5 Sat	Carlyle died 1881.					14 25	7 5	5 23	6 30	6 51	5 37	6 9
6 Sun	Septuagesima Sunday.					14 25	7 4	5 24	rises	6 51	5 38	rises
7 Mon	Dickens born 1812.					14 9	7 3	5 25	6 37	6 50	5 39	6 44
8 Tues	Mary Stuart beheaded 1586.					14 9	7 2	5 26	7 45	6 49	5 40	7 47
9 Wed	Gen. Harrison born 1773.					14 9	7 1	5 28	8 49	6 49	5 41	8 45
10 Thurs	ó 2 C					14 10	7 0	5 29	10 1	6 48	5 42	9 51
11 Frid	Thomas A. Edison born 1847					14 10	6 59	5 30	11 15	6 47	5 43	10 58
12 Sat	Darwin born 1809.					14 21	6 58	5 31	morn	6 46	5 44	morn
13 Sun	Sexagesima Sunday.					14 21	6 57	5 33	0 29	6 45	5 44	0 7
14 Mon	ó 2 C Valentine's Day.					14 11	6 55	5 34	1 42	6 44	5 45	1 17
15 Tues	ó 2 C					14 11	6 54	5 36	2 53	6 43	5 46	2 25
16 Wed	Ft. Donelson taken 1862.					14 1	6 52	5 37	3 55	6 42	5 47	3 27
17 Thurs	Columbia burned 1865.					14 1	6 51	5 38	4 46	6 41	5 48	4 22
18 Frid	ó 2 C					14 13	6 49	5 39	5 30	6 39	5 48	5 8
19 Sat	ó 2 C					14 13	6 48	5 41	6 4	6 38	5 49	5 47
20 Sun	Quinquagesima Sunday.					14 22	6 46	5 42	sets	6 37	5 50	sets
21 Mon	Earthquake at Corinth 1858.					14 22	6 45	5 44	7 4	6 36	5 51	7 4
22 Tues	Shrove Tues. Wash'gt's bir. day.					14 22	6 43	5 45	8 7	6 35	5 52	8 2
23 Wed	Ash Wednesday.					13 2	6 42	5 47	9 16	6 34	5 52	9 6
24 Thurs	Fulton died 1815.					13 2	6 40	5 48	10 24	6 33	5 53	10 7
25 Frid	Battle of Trenton 1776.					13 13	6 39	5 49	11 28	6 32	5 54	11 7
26 Sat	Victor Hugo born 1802.					13 13	6 37	5 50	morn	6 31	5 55	morn
27 Sun	Quadragesima Sunday.					13 13	6 36	5 51	0 30	6 30	5 56	0 5
28 Mon	Battle of Long Island 1776.					13 8	6 35	5 52	1 28	6 29	5 56	1 1

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—February 7, 1898—Rosh Hoshanah Leaylanoth; 22, 23, Rosh-Hodesh Adar.

1	15
2	16
3	17
4	18
5	19
6	20
7	21
8	22
9	23
10	24
11	25
12	26 <i>Marsa'at came</i>
13	27
14	28



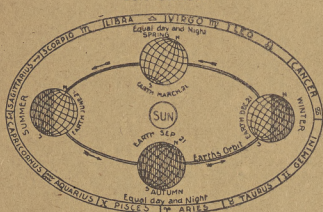
## February Weather Predictions.

For explanations, see January predictions, page 5.

The storm periods for February, 1898, are three in number—the 10th, 14th and 15th, 18th and 19th. The first storm period is light; the second storm period severe, and apt to continue into the third storm period, which will also be of a severe character. The rest of the month is free from storm.

The character of any storm predicted in this Almanac will depend upon the latitude of the place and the time of the year. When cold, snow or hail will take the place of rain. In some cases high winds and cloudy, threatening weather will take the place of actual storms. During June, July and August hot waves will generally precede the storms predicted.

## The Zodiac.



The Zodiac is an imaginary strip or zone of the heavens, about 18 degrees wide, within which lie the so-called paths of the sun, moon and principal planets. This strip of the heavens, which forms a complete circle, which can be observed in all its parts by the revolution of the earth on its axis, is divided into twelve equal parts, called the Twelve Signs of the Zodiac. Each sign or division is 30 degrees in length. The earth, in making its yearly revolution around the sun, passes through one of these signs each month. On the 31st of September each year the earth passes directly under the constellation Aries, and in about thirty days afterwards reaches Taurus, passing successively under Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricornus, Aquarius, and Pisces, occupying about one month in each.

The moon, in making its monthly revolutions around the earth, passes directly between each of these constellations and the earth every month. These passages or transits are called the Moon's Signs; also the Moon's Place. They are given with each calendar in this Almanac, and are popularly known as The Signs which are observed by many agricultural people in the transaction of some agricultural pursuits. The cut at the head of this explanation will help the reader to understand what has been said.

In the majority of cases (especially those of less than two years' duration) catarrh can be cured in a few weeks by the proper use of **Pe-ru-na**.

## THE MUCOUS MEMBRANES.

What are the mucous membranes? They are the lining membranes of all the cavities, organs and passages of the human body. Upon the health of these membranes depends the health of the organs. If the mucous membrane of the head, lungs, stomach, liver, kidneys, bladder, or any other organ of the body becomes congested, inflamed or ulcerated, the health of the organ is immediately impaired and promptly disturbed. A congestion, inflammation or ulceration of the mucous membrane, whether of the head, stomach, kidneys or other organ, is known to the medical profession as catarrh. The people generally, however, suppose that a disease of the stomach is entirely different in its nature from a disease of the liver, kidneys or bladder. But this is not the case, if the derangement is due to congestion of the lining mucous membrane. The trouble is simply catarrh wherever it happens to be located. To be sure, it is known by different names; such as dyspepsia, Bright's disease, liver complaint, diarrhoea, bronchitis, consumption, tonsillitis, and a host of other names. Wherever there is a congested mucous membrane there is catarrh.

## Signs of the Zodiac.

♈ Aries.	♎ Libra.
♉ Taurus.	♏ Scorpio.
♊ Gemini.	♐ Sagittarius.
♋ Cancer.	♑ Capricornus.
♌ Leo.	♒ Aquarius.
♍ Virgo.	♓ Pisces.



MRS. L. A. ADAMS,  
Bearden, Tenn.

I would gladly proclaim the high estimate I place on the real merit of Dr. Hartman's wonderful medicines, as I have tried them all. I can gladly recommend them as all any housewife needs with the books you send free treating on all ailments. I have used **Pe-ru-na** for four years, and it never fails to give relief if taken in time. Whenever I feel done up it helps me wonderfully. In cases of la grippe and chills, taken in hot water, it acts like a charm. I can also recommend it for pain in the back. You will save doctor's bills by the use of Dr. Hartman's wonderful medicines.

MRS. L. A. ADAMS.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Slow. M.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.
Full Moon	8 4 29 M.	8 3 29 M.	8 2 29 M.	8 1 29 M.								
Last Quarter	15 2 48 M.	15 1 48 M.	15 0 48 M.	14 11 48 E.								
New Moon	22 3 07 M.	22 2 07 M.	22 1 07 M.	22 0 07 M.								
First Quarter	30 2 40 M.	30 1 40 M.	30 0 40 M.	29 11 40 E.								
1 Tues	Pe-ru-na will cure a cold.					12 8	6 34	5 52	2 22	6 27	5 57	1 54
2 Wed	Independence Day, Texas.					12 II	6 32	5 53	3 10	6 26	5 58	2 42
3 Thurs	That cough is dangerous.					12 II	6 31	5 54	3 51	6 25	5 59	3 27
4 Frid	Fireman's Day, New Orleans, La.					12 25	6 29	5 55	4 28	6 24	6 0	4 6
5 Sat	Miners' strike, Pittsburgh, 1895.					12 25	6 28	5 56	4 59	6 23	6 0	4 41
6 Sun	2d Sunday in Lent.					11 25	6 27	5 57	5 25	6 21	6 1	5 13
7 Mon	Pe-ru-na will stop that cough.					11 25	6 25	5 59	5 49	6 20	6 2	5 41
8 Tues	Henry Ward Beecher died 1887.					11 25	6 24	6 0	rises	6 19	6 3	rises
9 Wed	6 2 1/2 Millard Fillmore b. 1814.					11 25	6 22	6 1	7 48	6 18	6 4	7 40
10 Thurs	Prince of Wales married 1862.					10 25	6 20	6 2	9 3	6 17	6 5	8 49
11 Frid	Colds are dangerous.					10 25	6 18	6 3	10 18	6 15	6 5	9 58
12 Sat	Washington died of a cold.					10 25	6 16	6 4	11 32	6 14	6 6	11 8
13 Sun	3d Sunday in Lent.					9 25	6 15	6 5	morn	6 13	6 7	morn
14 Mon	6 1/2 1/2					9 25	6 13	6 6	0 44	6 12	6 7	0 17
15 Tues	Consumption is advanced catarrh					9 25	6 12	6 7	1 49	6 10	6 8	1 21
16 Wed	6 1/2 1/2					9 25	6 10	6 8	2 43	6 9	6 9	2 17
17 Thurs	St. Patrick's Day.					8 25	6 9	6 9	3 27	6 8	6 10	3 4
18 Frid	Grover Cleveland born 1837.					8 25	6 7	6 10	4 2	6 6	6 10	3 45
19 Sat	6 1/2 1/2					8 25	6 5	6 11	4 31	6 5	6 11	4 19
20 Sun	1/2 enters 7. Spring begins.					7 25	6 3	6 12	4 57	6 4	6 12	4 50
21 Mon	Ventilate sleeping rooms.					7 25	6 2	6 13	5 18	6 2	6 13	5 18
22 Tues	6 1/2 1/2					7 25	6 1	6 14	sets	6 1	6 13	sets
23 Wed	6 1/2 1/2					7 25	6 0	6 15	8 6	6 0	6 14	7 52
24 Thurs	Pe-ru-na cures la grippe.					6 25	5 58	6 16	9 12	5 59	6 15	8 52
25 Frid	6 1/2 1/2					6 25	5 56	6 17	10 15	5 57	6 16	9 52
26 Sat	Beethoven died 1827.					6 25	5 54	6 18	11 14	5 56	6 16	10 49
27 Sun	5th Sunday in Lent.					5 25	5 53	6 19	morn	5 55	6 17	11 44
28 Mon	Raphael died 1520.					5 25	5 52	6 20	0 11	5 53	6 18	morn
29 Tues	John Tyler born 1790.					5 25	5 50	6 21	1 3	5 52	6 19	0 35
30 Wed	Pe-ru-na a specific for asthma.					4 25	5 48	6 22	1 46	5 51	6 19	1 21
31 Thurs	Calhoun died 1850.					4 25	5 46	6 23	2 24	5 49	6 20	2 2

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—March 7, 1898—Fast of Esther; 8, Purim; 24, Rosh-Hodesh Nisan.

1	17
2	18
3	19
4	20
5	21 Snow
6	22 Rain
7	23 Rain
8	24 Angustine mixed
9	25
10	26 White washed
11	27
12	28 Shred pants
13	29
14	30 m. goat came to stay
15	31 Mr. H. failed
16	



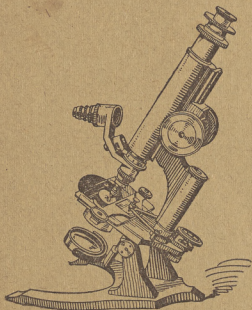
### March Weather Predictions.

For explanations, see January predictions, page 5.

There will be six storm periods in March, 1898—the 9th, 14th, 16th, 19th, 22d and 23d, and 25th. The first, second and sixth storm periods light and of short duration. The third, fourth and fifth storm periods severe, and apt to be more or less continuous with each other. On other dates in this month no storm or other atmospheric disturbance is indicated.

### THE MICROSCOPE.

**Its Revelations—Its Practical Use and Its Educational Value.**



The microscope has become absolutely indispensable to the practice of medicine and surgery. It not only is the only means by which certain diseases can be detected, but it is also the means by which the effect of the treatment can be successfully scrutinized. Examinations of sputum, blood, hair, urine, and the various tissues of the body can not be scientifically made without the microscope. The perfection of this instrument has been greatly increased in the past ten years and the price of a good instrument very much diminished. Every doctor ought to have one and know how to use one. Still greater than its use in the detection of disease, is its use in preventing disease. Examinations of drinking water, stagnant pools, milk and various kinds of food liable to adulteration or infection, can not be made without the microscope. The detection of crime, as in cases of poisoning, blood stains, and altering signatures, wills, notes and various documents, the microscope has also proved of great value. In the detection of counterfeit money as well valuable use is made of the microscope. The microscope has found its way into so many practical uses that it would be difficult for modern civilization to get along without it. It is not only of practical value as above mentioned, but of educational value, and an endless source of amusement and instruction. It reveals hidden

wonders in lower forms of animal and vegetable life, which never would have been dreamed of without it. It converts the merest pinch of dirt or rubbish into a wonderland of beauty and fantastic designs. With the microscope everything becomes beautiful. The crystals of various drugs afford objects of indescribable perfection and symmetry. The microscope transforms the finest needles into blunt crow-bars; hairs into hollow tubes; mold into beautiful verdure; butterflies into feathered creatures; stagnant water into menageries of curious creatures; and the mote dancing in the sun-beam into fragments of wood, fabric or tissue. As the telescope opens infinity above our heads, so the microscope shows us the infinity beneath our feet.

At this season of the year Dr. Hartman is treating several thousand people afflicted with catarrh in some stage or form. Without the very best microscope it would sometimes be impossible to tell, without personal examination, the exact location or nature of the disease. Armed with this wonderful instrument, however, the doctor and his assistants are able to make the most accurate diagnoses of disease by correspondence alone.

The Doctor treats this vast multitude of patients free of charge. The remedies he prescribes can be obtained at any drug-store. The name, age, sex, duration of disease, and description of previous treatment, should be sent to Dr. Hartman, Columbus, Ohio, when plain directions for treatment will be promptly sent. Each patient is expected to report progress to the doctor as often as the case may require. All letters answered free and held strictly confidential.

### Conductor Ingalls.



FRANK E. INGALLS,  
Waco, Texas.

Pe-ru-na and Man-a-lin have cured me of one of the worst cases of catarrh any one ever had. I heard that Pe-ru-na would cure catarrh, and, on trying it, found immediate relief. My case was so severe that I was compelled to discontinue my business, that of conductor on a railroad; but I am now entirely well. I want to recommend your medicine as being a positive cure for catarrh; I feel it my duty to do so.

FRANK E. INGALLS.

### Cures Catarrh Only.

The remedy that will cure catarrh in one location will cure it in all locations, if it be an internal remedy, operating through the system. Pe-ru-na is exactly such a remedy. It is an internal specific for catarrh. Pe-ru-na is not a cure-all. It will cure catarrh; but, in curing catarrh, it cures a great many affections that have been differently named, which are in reality the same disease differently located.

Moon's Phases.	Eastern Time.		Central Time.		Mountain Time.		Pacific Time.		Sun Slow.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
	D. H. M.		D. H. M.		D. H. M.		D. H. M.				Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.
Full Moon...	6 4 20 E.		6 3 20 E.		6 2 20 E.		6 1 20 E.									
Last Quarter.	13 9 28 M.		13 8 28 M.		13 7 28 M.		13 6 28 M.									
New Moon...	20 5 21 E.		20 4 21 E.		20 3 21 E.		20 2 21 E.									
First Quarter	28 9 5 E.		28 8 5 E.		28 7 5 E.		28 6 5 E.									
1 Frid	Bismarck born 1815.								4	♄	5 45	6 24	2 56	5 58	6 21	2 37
2 Sat	Jefferson born 1743.								4	♄	5 44	6 26	3 25	5 47	6 22	3 11
3 Sun	Palm Sunday.								3	♌	5 42	6 27	3 49	5 45	6 22	3 41
4 Mon	Gen. Harrison died 1841.								3	♌	5 40	6 28	4 10	5 44	6 23	4 7
5 Tues	ó 2 C								3	♌	5 38	6 29	4 38	5 43	6 24	4 40
6 Wed	Man-a-lin cures sick headache.								2	♍	5 36	6 30	rises	5 42	6 24	rises
7 Thurs	A neglected cold is suicide.								2	♍	5 34	6 31	7 59	5 40	6 25	7 42
8 Frid	Good Friday.								2	♎	5 33	6 32	9 17	5 39	6 26	8 53
9 Sat	Bronchitis is neglected catarrh.								1	♎	5 31	6 33	10 32	5 38	6 26	10 6
10 Sun	Easter Sunday.								1	♏	5 29	6 34	11 40	5 37	6 27	11 13
11 Mon	Pe-ru-na cures old colds.								1	♏	5 28	6 35	morn	5 35	6 28	morn
12 Tues	Henry Clay born 1777.								1	♏	5 26	6 36	0 38	5 34	6 28	0 12
13 Wed	Pe-ru-na cures chronic catarrh.								0	♏	5 25	6 37	1 27	5 33	6 29	1 3
14 Thurs	Keep feet warm and dry.								0	♏	5 24	6 38	2 4	5 32	6 30	1 45
15 Frid	Sun and clock together.								f.	♏	5 22	6 39	2 36	5 30	6 30	2 21
16 Sat	Good humor is a tonic.								0	♏	5 21	6 40	3 0	5 29	6 31	2 51
17 Sun	ó 3 C Low Sunday.								1	♐	5 19	6 41	3 21	5 28	6 32	3 19
18 Mon	A cough is Nature's warning.								1	♐	5 17	6 42	3 50	5 27	6 32	3 52
19 Tues	Battle of Lexington 1775.								1	♐	5 16	6 43	4 10	5 26	6 33	4 19
20 Wed	Pe-ru-na will cure croup.								1	♐	5 14	6 44	4 35	5 24	6 34	4 49
21 Thurs	ó 8 C								1	♐	5 13	6 45	sets	5 23	6 35	sets
22 Frid	ó 9 C								2	♐	5 11	6 46	9 3	5 22	6 35	8 39
23 Sat	Pe-ru-na purifies the blood.								2	♐	5 10	6 47	10 2	5 21	6 36	9 35
24 Sun	2d Sunday after Easter. [cine.]								2	♐	5 9	6 48	10 54	5 20	6 37	10 27
25 Mon	Pe-ru-na, the great spring medi-								2	♐	5 8	6 49	11 41	5 19	6 38	11 15
26 Tues	Memorial Day, Alabama and Ga.								2	♐	5 6	6 50	morn	5 18	6 38	11 58
27 Wed	Gen. Grant born 1822.								3	♐	5 5	6 52	0 21	5 17	6 39	morn
28 Thurs	James Monroe born 1758.								3	♐	5 3	6 53	0 55	5 15	6 40	0 35
29 Frid	Dr. Hartman's advice is free.								3	♐	5 2	6 54	1 24	5 14	6 41	1 8
30 Sat	Ohio admitted 1802.								3	♐	5 0	6 55	1 50	5 13	6 41	1 39

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—April 7, 1898—Passover (Pessach), 1st day; 13, seventh day; 22, 23, Rosh-Hodesh Iyar.

1	diamonds planted	16	
2	diamonds planted	17	
3		18	
4		19	
5		20	
6		21	
7		22	
8	two teeth pulled	23	
9		24	
10		25	
11		26	
12	planted hams & beans	27	soldiers started
13		28	made soup
14		29	made soup
15		30	



## April Weather Predictions.

For explanations, see January predictions, page 5.

The storm periods of April, 1898, are three in number—the 5th, 17th, 21st and 22d. The first and second periods, light storms; third period, heavy and more extended. Between these two dates no storm or other atmospheric disturbance is indicated.

## After Doctors Failed.



JOHN H. KUHLMANN,  
Elk Creek, Neb.

For an entire year I went from doctor to doctor, and got worse instead of well, until I commenced to take Pe-ru-na. I could go to work again soon and was perfectly healthy. Should I ever feel the slightest pain Pe-ru-na will be the only medicine I will take.

JOHN H. KUHLMANN.

It is advisable for old catarrh cases to correspond with Dr. Hartman during the course of their treatment, as he is often able to suggest some detail of great worth to the patient.

## An Old Invalid Cured.

What I write you is the truth. With the deepest pain I think of the days when I had to carry my wife to and fro. Her whole body was broken out. All the medicines and doctors were fruitless, as were the salves for eruptions. Finally I saw Pe-ru-na advertised. We gave it a trial. The eruption is now gone. She has new strength in her body. My wife is now 63 years old; she feels as young as if she was thirty. All housework seems light to her. I thank God that I have obtained your precious medicine, Pe-ru-na. In April my wife had an attack of la grippe, but after taking a couple of bottles of Pe-ru-na she was all right again. I shall have no other medicine in the house. I recommend it to all the suffering.

JOHN D. HIRDLER.

Catarrh is capable of changing all of the life-giving secretions of the body into scalding fluids, which destroy and inflame every part with which they come in contact.



MRS. J. D. HIRDLER,  
Garfield, Kas.

## PURE BLOOD.

Human blood is a compound in a fluid condition containing all the elements which are required to make a human being—no more, no less—and is the product of food and air. Food is taken into the stomach, where certain portions of it are dissolved (or digested, as it is called) when it is in a condition to be immediately absorbed into the blood. Now, any one can readily see that the only way to purify the blood is to take no impure food; to enrich the blood is to select proper food; to cleanse the blood is to reject unclean food. My blood to-day is composed only and entirely of what I have eaten within the last six weeks.

This much can be done with medicine, and no more. The organs by which the food is digested and the organs through which food is assimilated can be stimulated and corrected into the proper performance of their functions so that the food may be furnished to the blood in the same state of purity in which it was received by the digestive organs. The digestive organs are lined by mucous membrane. This mucous membrane is liable to catarrh. The catarrh may be so slight as to have escaped attention or so severe as to confine its victim to the bed. As long as the slightest catarrh remains there can be no such thing as proper digestion. The blood will be impure because the products of digestion are impure. To correct this is to cleanse the blood. This Pe-ru-na will do. That is the reason Pe-ru-na is recommended for the blood; the only rational reason why any medicine can be so recommended. There can be no other blood medicine but one which simply aids the digestion of the food.

## Drink for Fever Patients.

Four ounces tamarinds; four ounces raisins; three quarts of water; boil twenty minutes, slowly. Strain while hot. Add lemon peel. Use when cool. Add no sugar.

## Diet in Catarrh of the Kidneys (Bright's Disease.)

A rigid milk diet is often successful. In cases where patients can not endure the milk diet they may be allowed fish, sweet breads, sago, tapioca, macaroni, baked and stewed apples, stewed prunes, spinach, celery and lettuce. No strong tea, coffee or alcoholic drinks should be allowed.

No organ of the whole body is more frequently affected by catarrh than the bladder, which is sometimes so severe as to excite great suffering and alarm, and again so slight as to scarcely attract any notice.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Fast.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.
Full Moon...	6 1 34 M.	6 0 34 M.	5 11 34 E.	5 10 34 E.								
Last Quarter	12 4 36 E.	12 3 36 E.	12 2 36 E.	12 1 36 E.								
New Moon...	20 7 58 M.	20 6 58 M.	20 5 58 M.	20 4 58 M.								
First Quarter	28 0 14 E.	28 11 14 M.	28 10 14 M.	28 9 14 M.								
1 Sun	6 8 ☉	Nervous prostration.	3	☿	4 59	6 56	2 12	5 12	6 42	2 4		
2 Mon	6 8 ☉	Nerve Tonic in May.	3	☿	4 57	6 57	2 35	5 11	6 43	2 35		
3 Tues	6 2 ☿	Free book for women.	3	☿	4 56	6 58	3 2	5 10	6 43	3 6		
4 Wed		Farmers, watch moon's signs.	3	☿	4 54	6 59	3 26	5 10	6 44	3 37		
5 Thurs		Battle of Williamsburg, Va., 1862.	3	☿	4 53	7 0	3 56	5 9	6 45	4 12		
6 Frid		Women, write Dr. Hartman.	4	☿	4 52	7 1	rises	5 8	6 46	rises		
7 Sat	6 2 ☿	Letters answered free.	4	☿	4 51	7 2	9 24	5 7	6 46	8 57		
8 Sun		4th Sunday after Easter.	4	☿	4 50	7 3	10 29	5 7	6 47	10 3		
9 Mon		Stonewall Jackson died 1863.	4	☿	4 49	7 4	11 22	5 6	6 48	10 58		
10 Tues		Memorial Day, North Carolina.	4	☿	4 48	7 5	morn	5 5	6 48	11 44		
11 Wed		Minnesota admitted 1858.	4	☿	4 47	7 6	0 5	5 4	6 49	morn		
12 Thurs		Pe-ru-na for spring fever.	4	☿	4 46	7 7	0 38	5 4	6 50	0 23		
13 Frid		Jamestown settled 1607.	4	☿	4 45	7 8	1 4	5 3	6 50	0 55		
14 Sat		Tired people take Pe-ru-na.	4	☿	4 44	7 9	1 27	5 2	6 51	1 23		
15 Sun		Rogation Sunday.	4	☿	4 43	7 10	1 51	5 1	6 52	1 53		
16 Mon	6 8 ☿	Eat little supper.	4	☿	4 42	7 11	2 15	5 1	6 53	2 22		
17 Tues		Eat fruit every day.	4	☿	4 42	7 11	2 38	5 0	6 53	2 51		
18 Wed	6 8 ☿	Use no stimulants.	4	☿	4 41	7 12	3 5	4 59	6 54	3 22		
19 Thurs		Ascension Day.	4	☿	4 40	7 13	3 36	4 58	6 55	3 57		
20 Frid		Eight hours' sleep each night.	4	☿	4 39	7 14	sets	4 57	6 55	sets		
21 Sat		Battle of Essling 1809.	4	☿	4 39	7 15	8 49	4 57	6 56	8 21		
22 Sun	6 8 ☿	Bathe often.	4	☿	4 38	7 16	9 37	4 56	6 57	9 10		
23 Mon		Pe-ru-na cures palpitation.	3	☿	4 37	7 17	10 19	4 56	6 57	9 55		
24 Tues		Queen Victoria born 1819.	3	☿	4 36	7 18	10 56	4 56	6 58	10 35		
25 Wed		Hot waves are prostrating.	3	☿	4 35	7 19	11 26	4 55	6 59	11 8		
26 Thurs		May the "Month of Mary."	3	☿	4 35	7 20	11 53	4 55	7 0	11 39		
27 Frid		Eat less meat in summer.	3	☿	4 34	7 20	morn	4 55	7 0	morn		
28 Sat		Noah Webster died 1843.	3	☿	4 34	7 21	0 15	4 55	7 0	0 8		
29 Sun		Whit Sunday.	3	☿	4 33	7 22	0 36	4 54	7 1	0 34		
30 Mon	6 2 ☉	6 2 ☿ Decoration Day.	3	☿	4 33	7 23	1 2	4 54	7 1	1 5		
31 Tues		Johnstown disaster 1889.	3	☿	4 32	7 23	1 25	4 54	7 2	1 34		

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—May 10, 1898—Lag B'omer; 22, Rosh-Hodesh Sivan; 27, Shebuoth.

1	17
2	18
3	19
4	20
5	21
6	22
7	23
8	24
9	25
10	26
11	27
12	28
13	29
14	30
15	31
16	



## May Weather Predictions.

For explanations, see January predictions, page 5.

There will be seven storm periods in May, 1898—the 1st, 3d, 7th, 16th, 18th, 22d and 30th. Each one will be of short duration, mere showers, and, in some cases, perhaps high winds. Other dates free from storm.

Man-a-lin is a natural laxative that gently stimulates the excretory functions of the body, and can be continued any length of time without deranging or weakening the patient.

## Kings, Queens and Emperors of Europe.

Francis Joseph I., Emperor of Austria and King of Hungary, was born August 18th, 1830; Otho, King of Bavaria, was born April 27th, 1848; Leopold II., King of the Belgians, was born April 9th, 1835; Christian IX., King of Denmark, was born April 8th, 1818; William II., German Emperor and King of Prussia, was born January 27th, 1859; George I., King of Greece, was born December 24th, 1845; Humbert I., King of Italy, was born March 24th, 1844; Wilhelmina, Queen of the Netherlands and Princess of Orange-Nassau, was born August 31st, 1880; Charles I., King of Portugal, was born September 28th, 1863; Charles I., King of Roumania, was born April 30th, 1839; Nicholas II., Emperor of Russia, was born May 18th, 1868; Albert, King of Saxony, was born April 23d, 1828; Alfonso XIII., King of Spain, was born May 17th, 1886; Alexander I., King of Servia, was born August 14th, 1876; Oscar II., King of Norway and Sweden, was born January 21st, 1829; William II., King of Wurttemberg, was born February 26th, 1848; Victoria, Queen of Great Britain and Ireland and Empress of India, was born May 24th, 1819.

## La Grippe.

Last fall I was taken with la grippe and was unable to do any work. I consulted several of our best doctors, but found very little relief. I saw one of your advertisements and concluded to give you Per-na a trial. I bought two bottles and was surprised at the good it did me. I used it all and bought six more bottles, and was soon able to go back to my work. I think your Per-na

is an excellent medicine, and I have recommended it to others.

N. N. COONS.

Catarrhal secretions in the frontal sinus (a little cavity in the bone of the forehead between the eyes) never fails to give rise to the most persistent headache or neuralgia.

## Nervous Debility.



MRS. W. J. EDWARDS, Libertyville, Mo.

Some time ago you mailed me one of your "Ills of Life," which decided me to use Per-na for my wife, who had been an invalid for nine years. She was suffering with what the doctors called Nervous Debility, combined with neuralgia and rheumatism. I had spent nearly all the money I had trying to get relief for her, but no doctor could help her in the least. I used about a dozen bottles of Per-na, and they have helped her more than all the doctors. We have recommended it to a number of others with great success. We continue to speak its praises.

W. J. EDWARDS.

## THE FACIAL SINUSES.

By sinus is meant a bony cavity. There are several of these in the face which communicate with the cavities of the nose by one or more small openings. The frontal sinuses are in the middle of the forehead, just above the eye. The maxillary sinuses are on either side of the face, beneath the cheek bones. These are also called Antra of Eighmore. The other sinuses are called the Ethmoidal sinuses and the Sphenoidal sinuses.

These sinuses are all alike—small, bony cavities, surrounded by loose, spongy, bony tissue. They are connected with the cavity of the back part of the nose; and all are liable to catarrhal inflammation spreading from the nose and throat. The frontal sinuses are oftenest effected by catarrh, producing a frontal headache of more or less intensity. The maxillary sinuses are next frequently effected by catarrhal inflammation, and the pain which results is generally mistaken for facial neuralgia. Unlike neuralgia, however, the pain is continual, while the pain in neuralgia is intermittent.

Whenever one of these sinuses or cavities is the seat of catarrh, catarrhal discharges accumulate within the cavity. This is because the openings from the cavities are exceedingly small. It is the accumulation and pressure of these catarrhal discharges that produces the pain—a pain which often becomes nearly unbearable. In cases where

[Continued on page 15.]



N. N. COONS,  
902 S. A. St., Monmouth, Ill.

Moon's Phases.	Eastern Time.	Central Time.	Mountain Time.	Pacific Time.	Sun East.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
	D. H. M.	D. H. M.	D. H. M.	D. H. M.			Sun rises.	Sun sets.	Moon sets.	Sun rises.	Sun sets.	Moon sets.
Full Moon.	4 9 11 M.	4 8 11 M.	4 7 11 M.	4 6 11 M.								
Last Quarter.	11 1 4 M.	11 0 4 M.	10 11 4 E.	10 10 4 E.								
New Moon	18 11 19 E.	18 10 19 E.	18 9 19 E.	18 8 19 E.								
First Quarter	26 11 54 E.	26 10 54 E.	26 9 54 E.	26 8 54 E.								
1 Wed	James Buchanan died 1868.				2	☾	4 32	7 24	1 52	4 53	7 2	2 6
2 Thurs	Eat no veal.				2	♄	4 31	7 25	2 24	4 53	7 3	2 44
3 Frid	Pe-ru-na for diarrhoea.				2	♄	4 31	7 26	3 6	4 53	7 3	3 30
4 Sat	♄ ♄ ☾ Saturn and moon.				2	♄	4 30	7 26	rises	4 53	7 4	rises
5 Sun	Trinity Sunday.				2	♄	4 30	7 27	9 10	4 52	7 4	8 46
6 Mon	Patrick Henry died 1799.				2	♄	4 29	7 27	9 59	4 52	7 5	9 37
7 Tues	Edwin Booth died 1893.				1	♄	4 29	7 28	10 37	4 52	7 6	10 19
8 Wed	Andrew Jackson died 1845.				1	♄	4 28	7 28	11 7	4 51	7 6	10 56
9 Thurs	Charles Dickens died 1870.				1	♄	4 28	7 29	11 31	4 51	7 7	11 26
10 Frid	Pe-ru-na for stomach ache.				1	♄	4 28	7 30	11 56	4 51	7 7	11 56
11 Sat	Cyrus W. Field died 1894.				1	♄	4 28	7 30	morn	4 51	7 7	morn
12 Sun	1st Sunday after Trinity.				0	☾	4 28	7 31	0 21	4 51	7 7	0 26
13 Mon	Gen. Scott born 1786.				0	☾	4 28	7 31	0 44	4 51	7 8	0 54
14 Tues	♄ ♄ ☾ Mars and moon.				0	☾	4 28	7 32	1 8	4 51	7 8	1 24
15 Wed	James K. Polk died 1849.				0	☾	4 28	7 32	1 38	4 51	7 9	1 59
16 Thurs	Carbolic acid for ivy poisoning.				0	☾	4 28	7 32	2 13	4 51	7 9	2 36
17 Frid	♄ ♄ ☾ Mercury and moon.				1	☾	4 28	7 33	2 54	4 51	7 9	3 20
18 Sat	Battle of Waterloo 1815.				1	☾	4 28	7 33	3 29	4 51	7 10	4 7
19 Sun	2d Sunday after Trinity.				1	☾	4 28	7 33	sets	4 51	7 10	sets
20 Mon	Santa Anna died 1876.				1	☾	4 28	7 33	8 56	4 52	7 10	8 33
21 Tues	☾ enters ♍. Summer begins.				2	☾	4 28	7 34	9 28	4 52	7 11	9 9
22 Wed	Lobelia poultice for a felon.				2	♄	4 29	7 34	9 56	4 52	7 11	9 41
23 Thurs	Pe-ru-na for cholera morbus.				2	♄	4 29	7 34	10 19	4 53	7 11	10 10
24 Frid	Book of testimonials free.				2	♄	4 29	7 34	10 40	4 53	7 11	10 36
25 Sat	General Custer killed 1876.				2	♄	4 29	7 34	11 7	4 53	7 12	11 7
26 Sun	♄ ♄ ☾ 3d Sunday after Trinity.				3	♄	4 30	7 34	11 28	4 54	7 12	11 34
27 Mon	"Ills of Life" sent free.				3	☾	4 30	7 34	11 51	4 54	7 12	morn
28 Tues	President Madison died 1836.				3	☾	4 30	7 34	morn	4 54	7 12	0 2
29 Wed	Avoid heat-stroke.				3	♄	4 31	7 35	0 20	4 55	7 12	0 37
30 Thurs	♄ ☾ ☾ Free mother's book.				3	♄	4 31	7 35	0 57	4 55	7 12	1 19

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—June 20, 21, 1898—Rosh-Hodesh Tamuz.

1	16
2	17
3	18
4	19
5	20
6	21
7	22
8	23
9	24
10	25
11	26
12	27
13	28
14	29
15	30



## June Weather Predictions.

For explanations, see January predictions, page 5.

During the month of June, 1898, there will be five storm periods—the 4th, 14th, 17th, 26th, 30th. With the exception of the last one, these storms will be of short duration. The last storm period, occurring on the 30th, extends over onto July 1st, and will be a more extended storm. While local thunder showers may occur between these dates, no general storm is indicated. Hot waves will generally precede storms in June, July and August.

## La Grippe Cured.



GEO. W. NORMAN,  
561 Nicollet Ave.,  
Minneapolis,  
Minn.

In the year 1893, while in Gainesville, Texas, I was attacked with a very bad case of la grippe. I began treatment with the principal physician practicing in that city, but received no benefit. A friend advised me to try Pe-ru-na, and offered to get a bottle for me, which I was to pay for providing it cured me; if not, he would stand the cost. After using one bottle I was completely cured.

I cheerfully recommend it to all afflicted with la grippe. GEO. W. NORMAN.

Some doctors go so far as to say that it takes as long to cure a disease as the disease has run; but, while this is not necessarily true, yet it is beyond dispute that the longer catarrh has run the more difficult of cure it becomes. It seems to be very hard to get patients to understand this fact and submit to the inevitable.

## A New Woman.

This letter leaves me well, I do sincerely think, by reason of your good advice and great medicine, Pe-ru-na. It has brought back my health to me in my older days. I don't think I need any more doctors now, but I will try to keep Pe-ru-na on hand, for that is what made me well. I feel that, through your kind advice and medicine, I am now a new woman, physically. I think Pe-ru-na the best medicine in the market, or, rather, I know it to be.



MRS. ANNE RANDALL,  
DALL, Colo.,  
Mich.

MRS. ANNE RANDALL.

## The Facial Sinuses.

[Continued from page 13.]

the catarrhal inflammation becomes chronic and the secretions are retained in the bony cavities, the dried secretions form a little tumor known as Mucocoele. These tumors may or may not produce any external swelling or enlargement of the face, but they always produce a peculiar dull pain, which spreads over a greater part of the side of the face in which they are located.

Of course there can be no local treatment for catarrh of these cavities. No spray or steam or application of any kind can be devised to reach these parts. The only hope is systemic treatment. A course of treatment with Pe-ru-na is the only hope of a permanent recovery. In cases where the pain is very extreme, applications of hot water, mustard, menthol, chloroform, and other palliative treatment is found useful.

In Texas and some of the Western States the larvæ of a certain fly sometimes infest the nose, and succeed in finding their way into one of the sinusses, setting up a condition very much like catarrh of the sinusses. This larva has come to be known as the Texas screw-worm. Care should be taken not to mistake one of these cases for catarrh of the sinusses; for, of course, Pe-ru-na can not cure such a case.

## Ocean Depth.

Close to the east coast of Japan is the deepest water in the world. It has been sounded to the depth of five and a quarter miles. The heavy sounding weight was more than an hour in sinking to the bottom. Near by has been found a still deeper place, the bottom of which could not be found at all. It was sounded to the depth of 29,400 feet. This spot is near the 23d degree of latitude and near 175 degrees west longitude. This unsuccessful sounding was made in November, 1895.

## The Schneiderian Membrane.

The nasal mucous membrane, also called the Schneiderian membrane, is one of the most important mucous surfaces of the body. The olfactory nerves, which are the nerves of smell, are distributed through this membrane. The slightest impairment of the nasal mucous membrane results at once in a partial or complete loss of smell. Catarrh is the most frequent source of derangements of the membrane, and when the catarrh has reached the third stage the nerves of smell are often entirely destroyed.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Sun Sun	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon sets. H. M.
Full Moon	3 4 12 E.	3 3 12 E.	3 2 12 E.	3 1 12 E.								
Last Quarter	10 11 43 M.	10 10 43 M.	10 9 43 M.	10 8 43 M.								
New Moon	18 2 47 E.	18 1 47 E.	18 0 47 E.	18 11 47 M.								
First Quarter	26 8 40 M.	26 7 40 M.	26 6 40 M.	26 5 40 M.								
1 Frid	♂ ♀ ☾ Female Hand-Book free.				4	♈	4 31	7 34	1 44	4 55	7 12	2 8
2 Sat	Garfield shot 1881.				4	♈	4 32	7 34	2 41	4 56	7 11	3 8
3 Sun	4th Sunday after Trinity.				4	♈	4 33	7 34	rises	4 56	7 11	rises
4 Mon	Independence Day.				4	♈	4 33	7 33	8 31	4 57	7 11	8 11
5 Tues	Sweet oil cleans bronzes.				4	♏	4 34	7 33	9 6	4 58	7 10	8 52
6 Wed	Turpentine exterminates ants.				5	♏	4 35	7 33	9 33	4 58	7 10	9 24
7 Thurs	Marion Cleveland born 1895.				5	♏	4 35	7 33	9 56	4 59	7 10	9 55
8 Frid	Pe-ru-na cures female complaints.				5	♏	4 36	7 32	10 26	4 59	7 9	10 28
9 Sat	Elias Howe born 1819.				5	♏	4 37	7 32	10 48	5 0	7 9	10 56
10 Sun	5th Sunday after Trinity.				5	♏	4 37	7 32	11 11	5 0	7 9	11 26
11 Mon	John Quincy Adams born 1767.				5	♏	4 38	7 31	11 41	5 1	7 9	11 59
12 Tues	Tuesday: Mar's Day. [ache.				5	♏	4 39	7 31	morn	5 1	7 8	morn
13 Wed	♂ ♂ ☾ Man-a-lin for sick head.				6	♏	4 40	7 30	0 13	5 2	7 8	0 36
14 Thurs	Sweet oil stops squeaky shoes.				6	♏	4 40	7 30	0 53	5 2	7 8	1 17
15 Frid	Friday: Venus' Day.				6	♏	4 41	7 29	1 36	5 3	7 7	2 3
16 Sat	Mrs. Abraham Lincoln died 1882.				6	♏	4 42	7 29	2 26	5 3	7 7	2 53
17 Sun	6th Sunday after Trinity.				6	♏	4 43	7 28	3 22	5 4	7 7	3 47
18 Mon	All letters answered free.				6	♏	4 44	7 28	sets	5 4	7 7	sets
19 Tues	Essence of peppermint for burns.				6	♏	4 45	7 27	8 1	5 5	7 6	7 45
20 Wed	♂ ♀ ☾ Thunder purifies the air.				6	♏	4 45	7 26	8 25	5 5	7 6	8 14
21 Thurs	♂ ♀ ☾ Pe-ru-na for nervousness.				6	♏	4 46	7 26	8 47	5 6	7 6	8 40
22 Frid	Garibaldi born 1807.				6	♏	4 47	7 25	9 7	5 7	7 5	9 7
23 Sat	Gen. Grant died 1885.				6	♏	4 48	7 24	9 33	5 7	7 5	9 37
24 Sun	♂ ♀ ☾ 7th Sunday after Trinity.				6	♏	4 49	7 23	9 56	5 8	7 4	10 5
25 Mon	Monday: Moon's Day.				6	♏	4 50	7 22	10 21	5 9	7 3	10 37
26 Tues	Robert Fulton born 1765.				6	♏	4 51	7 21	10 54	5 9	7 3	11 14
27 Wed	Wednesday: Mercury's Day.				6	♏	4 52	7 20	11 34	5 10	7 2	11 58
28 Thurs	♂ ♀ ☾ Don't heat your blood.				6	♏	4 53	7 19	morn	5 11	7 1	morn
29 Frid	Wilberforce died 1833.				6	♏	4 54	7 18	0 26	5 11	7 0	0 52
30 Sat	Saturday: Saturn's Day.				6	♏	4 54	7 18	1 27	5 12	7 0	1 54
31 Sun	8th Sunday after Trinity.				6	♏	4 55	7 17	2 40	5 13	6 59	3 4

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5658.—July 7, 1898—Fast of Tamuz; 20, Rosh-Hodesh Ab; 28, Fast of Ab, (Tisha b'ab.)

1	17
2	18
3	19
4	20
5	21
6	22
7	23
8	24
9	25
10	26
11	27
12	28
13	29
14	30
15	31
16	



# July Weather Predictions.

For explanations, see January predictions, page 5.

The storm periods for July, 1898, are four in number. The storm period on the first of the month is really a continuation of the storm period beginning in June. The storm periods properly belonging to July are the 13th, 20th and 21st, 24th, 28th. The second storm period will be severe and long; the others of a light nature. Fair weather indicated for the Fourth. Hot waves will generally precede the storms of July.

## The Greater New York.

The greater New York consists of New York City, Brooklyn, Long Island City, Newtown, Flushing, Jamaica, King's County, Richmond County, and a portion of Hempstead. The total population of the Greater New York, is about three million two hundred thousand. London has a population of four million three hundred and forty-nine thousand, which makes it the largest city in the world, the Greater New York being second.



MAGGIE WATKINES, Carnegie, Pa.

I am enjoying life better than I have for two years. I feel like a new woman. My appetite is good and I have gained at least ten pounds. I feel it my duty to recommend your treatment to all ailing sisters with whom I come in contact. I can not say too much for your medicine. I am so grateful to you.

MAGGIE WATKINES.

Better sell one bottle of medicine where it will do good than to sell a dozen where it will do no good. One bottle that cures sells many others; but a dozen bottles of medicine sold to those to whom it can do no good only makes a dozen enemies who will hinder, possibly, the sale of thousands of bottles.

It will give me great pleasure to have my testimonial published so that all my friends may know what Pe-ru-na has done for me. I hope that all suffering women, suffering with the same complaint, will take Pe-ru-na; I know it will cure them. It cured me, and it will cure others also. I can not praise Pe-ru-na enough. I should be pleased to send any information requested.



MRS. BIRDIE RICHARDS, Hillside, Wis.

MRS. BIRDIE RICHARDS.

## CATARRHAL DISEASES.

Pe-ru-na cures catarrh wherever located. This implies that catarrh may be located in different parts of the body. Catarrh may affect any organ of the human body. Every organ is lined with mucous membrane,



which may be the seat of catarrh. Different names are given to catarrh of different organs. In order that the reader may somewhat understand the variety of names which has been given to catarrh in different localities of the body, a partial enumeration is given. The reader should bear in mind that Pe-ru-na cures catarrh wherever located. It is not a cure-all. It cures catarrh. But, in curing catarrh, it cures many affections which have been differently named, as follows:

**Rhinitis:** Catarrh of the nose and frontal sinuses, producing scabs and discharge from the nose, and frontal headache. **Ozena:** Ulcerated catarrh of the nose, producing scabs and fetid breath. **Conjunctivitis:** Catarrh of the eyes, causing red, watery eyes, and sometimes loss of sight. **Otitis:** Catarrh

of the middle ear, producing deafness, roaring and crackling noises. **Tonsillitis:** Catarrh of the tonsils, which enlarges them more or less, causing snoring, affects the speech and interferes with swallowing. **Laryngitis:** Catarrh of the larynx, producing hoarseness, loss of voice, and sometimes croup. **Bronchitis:** Catarrh of



the bronchial tubes, bringing cough, soreness of the chest, and occasionally spitting of blood. **Consumption:** Catarrh of the lungs, causing expectoration of pus, cough, night-sweats, loss of flesh and shortness of breath. **Pulmonitis:** Acute catarrhal inflammation of the air-cells of the lungs, producing what is commonly known as pneumonia.

[Continued on page 19.]

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Slow. M.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon rises. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon rises. H. M.
Full Moon...	1 11 29 E.	1 10 29 E.	1 9 29 E.	1 8 29 E.								
Last Quarter.	9 1 13 M.	9 0 13 M.	8 11 13 E.	8 10 13 E.								
New Moon...	17 5 34 M.	17 4 34 M.	17 3 34 M.	17 2 34 M.								
First Quarter	24 3 32 E.	24 2 32 E.	24 1 32 E.	24 0 32 E.								
Full Moon...	31 7 51 M.	31 6 51 M.	31 5 51 M.	31 4 51 M.								
1 Mon	Pe-ru-na in use over 40 years.					6 ♄	4 56	7 16	rises	5 14	6 58	rises
2 Tues	Regulate bowels with Man-a-lin.					6 ♄	4 57	7 15	7 32	5 14	6 57	7 21
3 Wed	Preventing disease saves lives.					6 ♄	4 58	7 14	7 57	5 15	6 56	7 52
4 Thurs	Shelley born 1792.					6 ♄	4 59	7 12	8 27	5 16	6 55	8 27
5 Frid	Mrs. T. DeWitt Talmage d. 1895.					6 ♄	5 0	7 11	8 50	5 16	6 54	8 57
6 Sat	Tennyson born 1809.					6 ♄	5 1	7 10	9 14	5 17	6 54	9 26
7 Sun	9th Sunday after Trinity.					6 ♄	5 2	7 9	9 42	5 18	6 53	9 59
8 Mon	Hot waves prostrate.					5 ♄	5 3	7 7	10 13	5 18	6 52	10 35
9 Tues	Gen. Lyon killed 1861.					5 ♄	5 4	7 6	10 51	5 19	6 51	11 15
10 Wed	Take Pe-ru-na for diarrhoea.					5 ♄	5 5	7 5	11 33	5 20	6 50	11 59
11 Thurs	♂ ♀ ♄ Cardinal Newman d. 1890					5 ♄	5 6	7 4	morn	5 21	6 49	morn
12 Frid	Keep head covered in the sun.					5 ♄	5 7	7 3	0 21	5 21	6 48	0 49
13 Sat	Cough begins consumption.					5 ♄	5 8	7 1	1 15	5 22	6 46	1 41
14 Sun	10th Sunday after Trinity.					4 ♄	5 9	7 0	2 12	5 23	6 45	2 35
15 Mon	Napoleon born 1769.					4 ♄	5 10	6 58	3 12	5 23	6 44	3 38
16 Tues	Sweetened Pe-ru-na for the baby.					4 ♄	5 11	6 57	4 14	5 24	6 43	4 30
17 Wed	Ole Bull died 1880.					4 ♄	5 12	6 56	sets	5 25	6 42	sets
18 Thurs	First steamboat 1807.					4 ♄	5 13	6 55	7 13	5 25	6 41	7 11
19 Frid	♂ ♀ ♄ Sun spots increase.					3 ♄	5 14	6 54	7 41	5 26	6 39	7 43
20 Sat	♂ ♀ ♄ Winds and storms.					3 ♄	5 15	6 53	8 1	5 26	6 38	8 10
21 Sun	♂ ♀ ♄ 11th Sunday after Trinity					3 ♄	5 16	6 51	8 26	5 27	6 37	8 39
22 Mon	Pe-ru-na cures dysentery.					3 ♄	5 17	6 50	8 57	5 28	6 36	9 15
23 Tues	Do not cool off suddenly.					2 ♄	5 18	6 48	9 33	5 28	6 35	9 56
24 Wed	St. Bartholomew.					2 ♄	5 19	6 46	10 20	5 29	6 34	10 45
25 Thurs	♂ ♀ ♄ Keep dogs muzzled.					2 ♄	5 20	6 44	11 15	5 30	6 32	11 42
26 Frid	Battle of Dresden 1818.					2 ♄	5 21	6 42	morn	5 30	6 31	morn
27 Sat	Catarrh of bowels prevalent.					1 ♄	5 22	6 41	0 22	5 31	6 30	0 48
28 Sun	Sunday is not the Sabbath.					1 ♄	5 23	6 39	1 35	5 32	6 29	1 58
29 Mon	Brigham Young died 1877.					1 ♄	5 24	6 38	2 53	5 32	6 28	3 11
30 Tues	Drink no ice water in hot weather.					0 ♄	5 25	6 36	4 11	5 33	6 26	4 23
31 Wed	Pe-ru-na cures hay fever.					0 ♄	5 26	6 35	rises	5 34	6 25	rises

Computed expressly for this Almanac by Rabbi L. Weiss.  
Jewish Calendar for 5658.—August 18, 19, 1898—Rosh-Hodesh Ellul.

1	17
2	18
3	19
4	20
5	21
6	22
7	23
8	24
9	25
10	26
11	27
12	28
13	29
14	30
15	31
16	

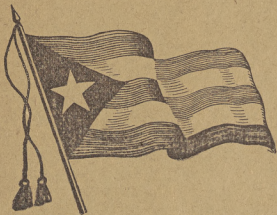


## August Weather Predictions.

For explanations, see January predictions, page 5.

The storm periods of August, 1898, are three in number—(11th), (19th, 20th, 21st), (25th.) Only the second of these storm periods will be of much duration or intensity. Local showers on other dates probable. Hot waves generally precede these storms, when they will be followed by cooler weather, unless the storms occur close together, when the heat will continue from storm to storm.

## The Cuban Flag.



The Cuban flag is composed of five stripes, triangular field, and a single star. The stripes are white and blue, the field is red, the star is white.

## Catarrh of Bowels.

For a considerable length of time my mother was troubled with chronic diarrhoea. The local physicians attended her for some time, but it seemed a difficult case to handle, and they could not bring about a permanent cure. About eight months ago I wrote to you for advice, and you recommended a remedy for which you will long be remembered by me; for I can state with much pleasure that she is sound and well. No symptoms of the trouble have bothered her since. It was hard for me to believe, after she was cured, that the cure was permanent; but she has taken no medicine for four or five months. I give the honor to Pe-ru-na for restoring her health.



MRS. GREEN,  
Gorman, Texas.

F. I. GREEN.

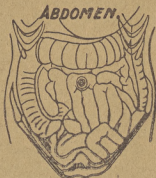
Y. M. C. A.

New York is the banner State for the Y. M. C. A., having 155 Associations; Pennsylvania following with 142; Illinois, 109—the total number of associations in the United States, 1,363. Holland has the greatest number for its size of any European country—817. Germany has 1,180 associations. The total of the world, 5,764.

## Catarrhal Diseases.

[Continued from page 17.]

*Stomatitis*: Catarrhal inflammation of the mouth, causing superficial ulcers and so-called canker sores. *Pharyngitis*: Catarrh of the pharynx, giving rise to sore throat, hawking, spitting, and frequent attacks of quinsy. *Œsophagitis*: Catarrhal inflammation of the Œsophagus or meat-pipe, leading from the pharynx to the stomach. This is not a very common disease, and is generally the result



of bad habits in eating or drinking. *Gastritis*: Catarrh of the stomach, which soon leads to dyspepsia, indigestion, sour stomach, waterbrash and loss of appetite. *Duodenitis*: Catarrhal inflammation of the duodenum, the division of the alimentary

canal just below the stomach. This disease causes grave disturbances of the liver, pancreas and digestion. *Hepatitis*: Catarrh of the liver, the symptoms of which are biliousness, heaviness in right side, furred tongue, sick headache and constipation. *Enteritis*: Catarrh of the intestines, producing dysentery, ulcerated bowels, and sometimes chronic constipation. *Appendicitis*: Catarrhal inflammation of the vermiform appendix, a small blind pouch near the junction of the large and small intestines. This disease is liable to set up local peritonitis, causing death—sometimes caused by grape seed, but oftener catarrh. *Proctitis*: Catarrhal inflam-

mation of the rectum, giving rise to piles, ulceration, and falling of the rectum. *Nephritis*: Catarrh of the kidneys, or Bright's Disease, followed by rapid loss of flesh, great weakness, pain in the back, and in some cases convulsions. *Cystitis*: Catarrh of the bladder, causing frequent micturition, smarting, heat, sediment, and great nervousness. *Urethritis*: Catarrh of the urethra, making micturition more or less difficult (especially in the male), causing



WM. C. STANLEY,  
Detroit, Tex.,  
cured by Dr. Hart-  
man's free treat-  
ment.

[Continued on page 21.]

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun East. M.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon rises. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon rises. H. M.
Last Quarter	7 5 51 E.	7 4 51 E.	7 3 51 E.	7 2 51 E.								
New Moon...	15 7 10 E.	15 6 10 E.	15 5 10 E.	15 4 10 E.								
First Quarter	22 9 39 E.	22 8 39 E.	22 7 39 E.	27 6 39 E.								
Full Moon.	29 6 10 E.	29 5 10 E.	29 4 10 E.	29 3 10 E.								
1 Thurs	Malaria season begins.						0 27	6 33	6 52	5 35	6 24	6 55
2 Frid	Malaria book sent free.						1 28	6 31	7 15	5 36	6 23	7 24
3 Sat	Argon discovered 1893.						1 29	6 30	7 43	5 36	6 21	7 57
4 Sun	13th Sunday after Trinity						1 30	6 28	8 13	5 37	6 20	8 33
5 Mon	6 8 O Labor Day.						2 31	6 26	8 49	5 37	6 19	9 12
6 Tues	Pe-ru-na for malaria. [time.						2 32	6 24	9 30	5 38	6 17	9 55
7 Wed	Pe-ru-na before meals and bed.						2 33	6 23	10 15	5 39	6 16	10 42
8 Thurs	Malaria means bad air.						3 34	6 21	11 8	5 39	6 15	11 34
9 Frid	6 8 C A stormy day.						3 35	6 19	morn	5 40	6 14	morn
10 Sat	The Planet Vulcan is a hoax.						3 36	6 17	0 3	5 41	6 12	0 27
11 Sun	14th Sunday after Trinity.						4 37	6 16	1 1	5 41	6 11	1 23
12 Mon	R. A. Proctor died 1888.						4 38	6 14	2 3	5 42	6 10	2 21
13 Tues	Atoms make molecules.						4 39	6 13	3 6	5 43	6 8	3 19
14 Wed	6 8 C Molecules make cells.						5 40	6 11	4 10	5 43	6 7	4 17
15 Thurs	Cells make tissues.						5 41	6 9	5 17	5 44	6 6	5 18
16 Frid	Tissues make organs.						5 42	6 7	sets	5 45	6 4	sets
17 Sat	6 2 C Organs make creatures.						5 43	6 5	6 33	5 45	6 3	6 43
18 Sun	15th Sunday after Trinity.						6 44	6 4	7 0	5 46	6 2	7 17
19 Mon	6 9 C Stormy weather.						6 45	6 2	7 35	5 47	6 0	7 57
20 Tues	Chronic malaria prevalent.						7 46	6 1	8 19	5 47	5 59	8 43
21 Wed	6 2 C Pe-ru-na cures malaria.						7 46	6 0	9 11	5 48	5 58	9 37
22 Thurs	C enters 2. Autumn begins.						7 47	5 58	10 14	5 48	5 58	10 39
23 Frid	Chilly sweats—chronic malaria.						8 48	5 56	11 23	5 49	5 55	11 46
24 Sat	Write Dr. Hartman. Ans. free.						8 49	5 54	morn	5 49	5 53	morn
25 Sun	16th Sunday after Trinity.						9 50	5 53	0 37	5 50	5 52	0 57
26 Mon	Send for free book of testimonials.						9 51	5 51	1 51	5 51	5 51	2 6
27 Tues	Gen. Bragg died 1877.						9 52	5 49	3 8	5 52	5 49	3 17
28 Wed	Louis Pasteur died 1895.						9 53	5 48	4 24	5 52	5 48	4 25
29 Thurs	La-cu-pi-a for blood diseases.						10 54	5 46	5 29	5 53	5 47	5 26
30 Frid	All letters strictly confidential.						10 55	5 45	rises	5 54	5 48	rises

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5659.—September 17, 1898—Tishri 1, 5659, Rosh-Hoshanah; 18, Fast of Gedaliah; 26, Yom Kippur.

1	school began	16	went to ball game
2		17	
3		18	
4		19	Soldiers came home
5		20	Phil Baker buried
6		21	
7		22	
8		23	
9		24	
10		25	
11		26	
12		27	Lans into Hungary
13		28	
14		29	went to school
15		30	Mrs. Boring came



## September Weather Predictions.

For explanations, see January predictions, page 5.

There will be six storm periods during September, 1898—(5th), (9th), (14th), (17th), (19th), (21st.) The storm periods of the 17th, 19th and 21st will be very likely to run into each other, constituting what is generally known as the equinoctial storm.

## Centenarians.

There are only 78 people over 100 years of age in Germany, with a population of 55,000,000; while in France, with a population of 40,000,000, there are 213. England has only 146 Centenarians, while Ireland has 578. There is not a single person in Switzerland 100 years old. But in Spain there are 410. Bulgaria leads the world in its per cent of old people, having, according to the latest census, 3,883 persons over 100 years old; Roumania, 1084; Servia, 575. The oldest person in the world is Bruno Cotrin, a negro born in Africa, now living in Rio Janeiro, who has just completed his 150th year. Next to him is a Russian, a Moscow cabman named Custrim, who is 140 years old.

## Dropsy Cured.



JOHN CHARLTON,  
Centralia, Ill.

Pe-ru-na saved my life. By following your advice my so-called dropsy is all gone, and I can not tell you on this paper how much I thank you. I have taken in all three bottles of Pe-ru-na and half a bottle of Man-a-lin; and this is not a fifth part of what my doctor bill was before I began taking Pe-ru-na. Pe-ru-na will be my stand-by from this on. I advise every one to try it; for it saved my life, I know. In conclusion, I will say I am a thousand times obliged to you and my best wishes are with you forever.

JOHN CHARLTON.

## State Flowers.

Some of the States have adopted a flower which is called the State Flower. These have been adopted by the various States by vote of the pupils of the public schools. The following is a list up to date: Alabama, golden-rod; Colorado, columbine; Delaware, peach; Idaho, syringa; Iowa, rose; Maine, pine cone and tassel; Minnesota, moose-ear; Montana, bitter-root; Nebraska, golden-rod; New York, rose; North Dakota, wild rose; Oregon, golden-rod; Utah, sego lily; Vermont, red clover.

In the last stage of catarrh of the head and nose the discharge peculiar to the first stage ceases, and dry, offensive scabs form in the nose. Polypi growths sometimes form in one or both nostrils, and the pain in the head and eyes is much less than in the first stage.

## Catarrhal Diseases.

[Concluded.]

smarting, slight mucous discharge, and sometimes partial retention of the urine. *Salpingitis*: Catarrhal inflammation of the fallopian tubes. It produces painful and irregular menstruation, and is quite apt to finally cause sterility. *Endometritis*: Catarrh of the mucous lining of the womb. *Symptoms*: Menstrual periods excessive and painful, faintness, displacements of the womb, dragging pain in the back and loins, obstinate constipation and, sometimes difficulty in micturition. *Vaginitis*: Catarrh of the vagina, which sets up a mucous discharge, generally profuse, very irritating to the external parts and weakening to the patient.

## Disease Germs.

Of all the discoveries made in the line of disease germs none is more certain than the germs that cause acute and chronic malaria. The germ that causes acute malaria is different from the one that causes chronic malaria. It resides in certain localities in certain times of the year only. It sets up in the system a condition known as fever and ague, also chills and fever. Unless it runs into the chronic stage it is generally curable with quinine.

The germ that causes chronic malaria is found more or less in all localities at all seasons of the year. It does not produce a distinct chill, but chilly feelings, rigors. It has no distinct period like acute malaria, but is worse and better at more or less irregular periods. The symptoms vary in each case—cold sweats, nervousness, sleeplessness, furred tongue, sour stomach, great despondency, yellowness of the skin, loss of flesh, constipation.

Pe-ru-na and Man-a-lin will cure these cases. Pe-ru-na, in its action upon the vasomotor system of nerves, restores the flabby mucous membranes to their normal functions and elasticity. Man-a-lin stimulates the glands to do their work, and thus cleanses the system of retained impurities. Those desiring further information upon this very important subject should write us for a free book on malaria.



MRS. G. W. WARNER,  
Austerlitz,  
Mich., cured of malaria by Pe-ru-na.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun East. M.	Moon's Sign.	Latitude of New York.			Latitude of Charleston.		
							Sun rises. H. M.	Sun sets. H. M.	Moon rises. H. M.	Sun rises. H. M.	Sun sets. H. M.	Moon rises. H. M.
Last Quarter.	7 1 6 E.	7 0 5 E.	7 11 5 M.	7 10 5 M.								
New Moon	15 7 27 M.	15 6 37 M.	15 6 37 M.	15 4 37 M.								
First Quarter	22 4 9 M.	22 3 9 M.	22 2 9 M.	22 1 9 M.								
Full Moon	29 7 18 M.	29 6 18 M.	29 6 18 M.	29 4 18 M.								
1 Sat	Dr. Hartman's malaria book free.					10 X	5 56	5 43	6 11	5 54	5 44	6 2
2 Sun	17th Sunday after Trinity.					11 ♀	5 57	5 41	6 45	5 55	5 43	7 6
3 Mon	Boil drinking water.					11 ♀	5 58	5 40	7 25	5 56	5 42	7 49
4 Tues	R. B. Hayes born 1822.					11 ♂	6 0	5 38	8 9	5 56	5 40	8 35
5 Wed	President Arthur born 1830.					12 ♂	6 1	5 37	8 58	5 57	5 39	9 25
6 Thurs	The Planet Mars is inhabited.					12 ♀	6 2	5 35	9 54	5 58	5 38	10 18
7 Frid	Edgar A. Poe died 1849.					12 ♀	6 3	5 33	10 50	5 59	5 36	11 12
8 Sat	δ δ C Franklin Pierce d. 1869.					13 ♀	6 4	5 32	11 50	5 59	5 35	morn
9 Sun	18th Sunday after Trinity.					13 ☌	6 5	5 30	morn	6 0	5 34	0 10
10 Mon	First overland mail 1858. [ria.					13 ☌	6 6	5 28	0 51	6 1	5 33	1 6
11 Tues	Pe-ru-na beats quinine for mala-					13 ☌	6 7	5 27	1 55	6 2	5 32	2 5
12 Wed	Gen. R. E. Lee died 1870.					14 ☌	6 8	5 25	3 1	6 2	5 31	3 5
13 Thurs	δ 2 ☌ Cloudy day.					14 ☌	6 9	5 24	4 4	6 3	5 29	4 3
14 Frid	Send for free medical books.					14 ☌	6 10	5 22	5 11	6 4	5 28	5 4
15 Sat	δ 2 ☌ δ 3 C High wind.					14 ☌	6 11	5 21	6 23	6 5	5 27	6 11
16 Sun	19th Sunday after Trinity.					14 ☌	6 12	5 19	sets	6 5	5 26	sets
17 Mon	Pe-ru-na kills malaria germs.					15 ☌	6 13	5 17	6 16	6 6	5 25	6 39
18 Tues	δ 2 C δ 2 C Stormy day.					15 ☌	6 14	5 16	7 6	6 7	5 23	7 32
19 Wed	δ 3 ☌ John Adams born 1735.					15 ☌	6 16	5 14	8 7	6 8	5 22	8 33
20 Thurs	New York panic 1873.					15 ♀	6 17	5 13	9 16	6 8	5 21	9 40
21 Frid	Malaria germs in drinking water.					15 ♀	6 18	5 12	10 28	6 9	5 20	10 49
22 Sat	Lead pencils are not lead at all.					15 ♀	6 19	5 11	11 42	6 10	5 19	11 57
23 Sun	20th Sunday after Trinity.					16 ♀	6 20	5 9	morn	6 11	5 18	morn
24 Mon	Malaria germs in the air.					16 ☌	6 21	5 8	0 56	6 11	5 17	1 6
25 Tues	Whalebone is not bone.					16 ☌	6 22	5 6	2 10	6 12	5 16	2 14
26 Wed	Malaria germs in food.					16 ☌	6 23	5 5	3 17	6 13	5 15	3 16
27 Thurs	John G. Vassar died 1888.					16 X	6 24	5 3	4 26	6 14	5 14	4 19
28 Frid	The Bible contains 66 books.					16 X	6 25	5 2	5 36	6 14	5 13	5 23
29 Sat	Gen. McClellan died 1885.					16 ♀	6 26	5 0	rises	6 15	5 12	rises
30 Sun	21st Sunday after Trinity.					16 ♀	6 27	4 59	5 20	6 16	5 11	5 43
31 Mon	All Hallow Eve.					16 ♂	6 28	4 58	6 3	6 17	5 10	6 28

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5659.—October 1, 1898—Succoth, 1st day; 7, Hoshanah-Rabbah; 8, Shemini Atzereth; 9, Simchath Torah; 16, 17, Rosh-Hodesh Heshvan.

1	17
2	18
3	19
4	20
5	21
6	22
7	23
8	24
9	25
10	26
11	27
12	28
13	29
14	30
15	31
16	



## October Weather Predictions.

For explanations, see January predictions, page 5.

There will be four storm periods during October, 1898—the 8th, 13th, 15th, 18th and 19th. The last three are liable to be more or less continuous, producing several days of cloudy, stormy weather.

## Musical Composers.

Musical composers are said to live longer than any other class of people. This would seem to be true, according to the following statistics: Auber lived 98 years; Monsigny, 88; Campra, 84; Cherubini, 82; Rameau, 81; Haydn, 77; Spontini, 77; Rossini and Salieri, 76; Handel, Paisiello and Lesseur each lived 74 years; Gluck, 73; Piccini and Gretry, 72; Meyerbeer, 70; S. Bach, 65; Helevy, 63; Boildieu, 59; Beethoven, 57; Dalayrac, 55; and Lulli and Mehul each 54 years.

Catarrh of the bladder is liable to extend downwards through the urethra or urinary passage. This will soon cause smarting, and sometimes difficulty in voiding water.

## Chronic Malaria.



MRS. ANNIE HENIFY,  
Earlington, Ky.

I wrote to you about 12 months ago asking what to do for myself and three children. I told you we were all subject to malaria, and you advised me to take and give them Pe-runa, which I did. I haven't taken any quinine since. I know Pe-runa to be good for croup, coughs and colds that are caused from malaria and deep colds. It has done more for me and mine than any other medicine has done. It has helped my female trouble and kept off those fever spells when quinine and other remedies have failed. I am going to try to get everybody to use it for everything I have found it to be good for. When I came here to live the druggists did not keep it, but one druggist got it for me and keeps it now all the time. I have been the cause of several families using it.

MRS. ANNIE HENIFY.

## Size Of The Earth.

The surface of the earth contains 197,500,425 square miles. About 145,000,000 square miles of this surface is water, leaving only 52,500,425 square miles of land, equal to about 34,000,000,000 acres. According to the estimated population of the earth (1,400,000,000) there would be a little over 24 acres of land for each one.

## Forbidden Food For Dyspeptics.

No one with dyspepsia should ever undertake to eat fried potatoes, fried fish, fritters, fried cakes, veal cutlets breaded, pork, liver, crabs, lobsters, Welsh rarebit, chicken salad, cheese, boiled cabbage, lettuce and salads generally; mixed dishes, made dishes, hot bread, corned beef, sausage, plum pudding, suet pudding, pies and pastry.

## A Remarkable Cure.



J. P. LAMBERT,  
Templeton, Tenn.

July 28th, 1893, I was taken with a burning in my stomach and I could hardly bear to move. I had several doctors examine me. Some decided I had a boil on my liver; others said it was indigestion; some one thing, some another. I took everything they prescribed, but no relief came. I could not drink enough water to quench my thirst; if I did, it would come up in a short time and leave me with a sick stomach. I could only eat corn bread and drink milk; at night, about one o'clock, it would come up. I suffered this way for two years. My bones ached as though I had been pounded, every morning. I could hardly realize that I was able to move. My bowels would not move unless I took physic. I read about every medicine I could, and had faith in everything. Finally I read about a medicine called Pe-runa. I got a bottle, and, after taking it, felt some ease. I was handling drugs, and I ordered some to keep in stock and to take myself. I continued to take it, and am now in very good health, and I believe it due to your medicine. I thought I was as bad as I could be, for I had taken everything, and, instead of them working off the bile, I would throw it up. I could get nothing that would give me relief in that way, and all this time my stomach was as sore as could be. I could not bear the weight of my hand on my stomach without pain. I can now say that it is my opinion there is no better medicine made than Pe-runa, and I thank God that it was recommended to me. J. P. LAMBERT.

## United States Money.

There are nine different kinds of money in circulation in the United States, not counting the so-called "greenback". 1, gold coins; 2, standard silver dollars; 3, subsidiary silver; 4, gold certificates; 5, silver certificates; 6, treasury notes; 7, National Bank notes; 8, nickel coins; 9, bronze coins (pennies).

Moon's Phases.	Eastern Time.	Central Time.	Mountain Time.	Pacific Time.	Sun Fast.	Moon's Signs.	Latitude of New York.			Latitude of Charleston.		
	D. H. M.	D. H. M.	D. H. M.	D. H. M.			Sun rises.	Sun sets.	Moon rises.	Sun rises.	Sun sets.	Moon rises.
Last Quarter	6 9 28 M.	6 8 28 M.	6 7 28 M.	6 6 28 M.								
New Moon	13 7 20 E.	13 6 20 E.	13 5 20 E.	13 4 20 E.								
First Quarter	20 0 5 E.	20 11 5 M.	20 10 5 M.	20 9 5 M.								
Full Moon	27 11 39 E.	27 10 39 E.	27 9 39 E.	27 8 39 E.								
1 Tues	All Saints' Day.					16 8	6 30	4 57	6 51	6 17	5 9	7 17
2 Wed	Catarrh season begins.					16 8	6 31	4 56	7 44	6 18	5 8	8 9
3 Thurs	The Sabbath is Saturday.					16 II	6 32	4 55	8 39	6 19	5 8	9 3
4 Frid	Eugene Field died 1895.					16 II	6 33	4 54	9 37	6 20	5 7	9 59
5 Sat	6 3 C Have you catarrh ?					16 25	6 35	4 53	10 39	6 21	5 6	10 55
6 Sun	22d Sunday after Trinity.					16 25	6 36	4 51	11 41	6 22	5 6	11 52
7 Mon	Cuttle bone is not bone.					16 25	6 38	4 50	morn	6 23	5 5	morn
8 Tues	Cleveland elected President 1892.					16 8	6 39	4 49	0 43	6 24	5 4	0 50
9 Wed	A cold is acute catarrh.					16 8	6 40	4 48	1 49	6 25	5 4	1 49
10 Thurs	An old cold is chronic catarrh.					16 8	6 42	4 47	2 50	6 26	5 3	2 46
11 Frid	Anarchists executed 1887.					16 8	6 43	4 46	4 0	6 26	5 2	3 51
12 Sat	6 2 C Pe-ru-na cures catarrh.					16 8	6 44	4 45	5 14	6 27	5 2	4 58
13 Sun	23d Sunday after Trinity.					16 25	6 46	4 44	6 28	6 28	5 1	6 8
14 Mon	6 3 C Pe-ru-na an internal cure.					15 25	6 47	4 43	sets	6 29	5 0	sets
15 Tues	6 2 C 6 2 C Bad weather.					15 8	6 48	4 42	5 54	6 30	5 0	6 20
16 Wed	Catarrh is a systemic disease.					15 7	6 49	4 41	7 3	6 31	4 59	7 28
17 Thurs	Suez canal opened 1869.					15 7	6 50	4 40	8 16	6 32	4 58	8 39
18 Frid	Mt. Whitney 14,898 feet high.					15 7	6 51	4 40	9 31	6 33	4 58	9 49
19 Sat	Garfield born 1831.					14 7	6 52	4 39	10 47	6 34	4 57	10 58
20 Sun	24th Sunday after Trinity.					14 7	6 53	4 38	morn	6 35	4 57	morn
21 Mon	Send for free catarrh book.					14 25	6 54	4 38	0 1	6 36	4 56	0 7
22 Tues	32,067,880 men in the U. S.					14 25	6 55	4 37	1 9	6 37	4 56	1 9
23 Wed	30,554,320 women in the U. S.					13 8	6 57	4 36	2 17	6 38	4 56	2 11
24 Thurs	Thanksgiving Day.					13 8	6 58	4 36	3 25	6 39	4 55	3 14
25 Frid	Mt. St. Elias 18,100 feet high.					13 7	7 0	4 35	4 33	6 40	4 55	4 16
26 Sat	X-rays reveal wonders.					12 7	7 1	4 35	5 38	6 40	4 55	5 17
27 Sun	Advent Sunday.					12 7	7 2	4 35	6 40	6 41	4 55	6 16
28 Mon	Washington Irving died 1859.					12 8	7 2	4 34	rises	6 42	4 55	rises
29 Tues	Horace Greeley died 1872.					11 8	7 3	4 34	5 35	6 43	4 54	6 1
30 Wed	Look out for coughs and colds.					11 II	7 4	4 34	6 31	6 44	4 54	6 55

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5659.—November 15, Rosh-Hodesh Kislev.

1	16
2	17
3	18
4	19
5	20
6	21
7	22
8	23
9	24
10	25
11	26
12	27
13	28
14	29
15	30



### November Weather Predictions.

For explanations, see January predictions, page 5.

There will be three storm periods during the month of November, 1898—the 5th, 12th, 14th and 15th. According to the indications this month ought to be peculiarly free from storm or disagreeable weather. The only storm worth mentioning occurs about the middle of the month.

### Diet in Diabetes.

Meats of all kinds are allowed except liver. Poultry, fish, eggs, game, cheese, butter, cream; also lettuce, celery, cucumbers, onions, cabbage, cauliflower, string beans, beet tops, radishes, mushrooms, asparagus, oysterplant, artichokes, tomatoes, filberts, pecan nuts, almonds, butternuts, walnuts and coconuts. Glycerine is sometimes used as a substitute for sugar in coffee and tea, which are also allowable.

Strictly avoid sugar and all sorts of sweets, flour and meal, and other starchy foods, such as arrowroot, sago, tapioca, oatmeal, barley and potatoes; and roots containing sugar, such as beets, parsnips, carrots. Avoid, also, rhubarb, peas, chestnuts, chocolate, cider and beer.

Gluten bread or biscuit may be used instead of ordinary bread. A specimen of urine should be sent to Dr. Hartman for analysis, made free. Never send less than two ounces at one time. Cases of diabetes under treatment should send a specimen at least once a month. Prepay express.

### Heart Disease.

As I am a user of Pe-ru-na, I want to say a few words in regard to it. I had a pain in my heart and in my left side and shoulder, and for five years I could not lie on my left side. I doctored with the best physicians in my county that I could hear of, and spent over \$200 with them, without receiving any benefit. I took patent medicines all the time, but they



MRS. C. I. FARNSWORTH, Deoucher, Ohio.

did me no good. I got so bad that for two years I was not able to use my left arm and had to hire my work done. I spent over \$50 for hired girls. Finally I saw Pe-ru-na advertised and got a bottle, and before I had taken it all I could lie and sleep on my left side. Before I had taken two bottles I could help do the work, and shortly afterwards I let my hired girl go. You may use this letter for publication if you desire to do so.

MRS. C. I. FARNSWORTH.



J. BRAKE, Petrolia, Ontario, Canada, cured by Pe-ru-na.

### Dr. Magaw Says:



DR. RACHEL A. MAGAW, 67 West Jefferson Street, Springfield, Ohio.

Your Pe-ru-na is worth its weight in gold. I feel like a new woman. I can't praise it enough. I spent a great deal of money on doctors, but nothing ever did me any good until I sent to you and tried your Pe-ru-na. I now feel well of the catarrh, but I shall never be without Pe-ru-na, and shall tell all I see to try it, for I know it to be a sure cure for catarrh. I

can't praise it enough for what it has done for me. I hope you may be spared a long time, and may God bless you and prosper your good work.

DR. RACHEL A. MAGAW.

### Religious Sects in the United States.

There are 148 different religious sects in the United States that regularly publish statistics. Many of these are branches of the same sect, known by nearly the same name, but separated on account of some minor difference. For instance, there are thirteen kinds of Baptists, seventeen kinds of Methodists, six kinds of Catholics, nineteen kinds of Lutherans, twelve kinds of Mennonites, four kinds of Quakers or Friends, and four kinds of Dunkards. Of the seven kinds of Brethren, three kinds are called River Brethren and four kinds are called Plymouth Brethren. The denomination which has the smallest number of adherents in the United States is known as the Schwenkfeldians, which numbers 306. The next smallest religious sect is known as Friends of the Temple, which numbers 340; next smallest, Church Triumphant, numbering 384. (These figures were compiled in 1896.) The strongest religious sect in the United States is the Catholic, numbering 8,287,048; next in size, the Methodists, 5,653,289; next, Baptists, 4,153,857; Presbyterians, 1,460,346; Lutherans, 1,420,905; Disciples of Christ, 1,005,672. There is one Chinese Temple in the United States; number of worshippers not known. Congregations, entirely independent, have a total number of 14,126. The number of Jews, which includes two sects, is 139,500. There are two kinds of Salvationists, with a total number of 40,000. The Spiritualists number 45,030. Unitarians and Universalists number 70,000 and 49,000, respectively. Theosophical Society, 3,000. The total number of adherents to all religious sects in the United States is 25,342,333.

Any medicine that is made to pay in these days must be honestly made of pure materials and recommended for the diseases it will actually cure. Many a manufacturer of medicine has learned this important truth by bitter experience.

Moon's Phases.	Eastern Time. D. H. M.	Central Time. D. H. M.	Mountain Time. D. H. M.	Pacific Time. D. H. M.	Sun Fast.	Moon's Signs	Latitude of New York.			Latitude of Charleston.		
Last Quarter.	6 5 6 M.	6 4 6 M.	6 3 6 M.	6 2 6 M.								
New Moon.	13 6 43 M.	13 5 43 M.	13 4 43 M.	13 3 43 M.								
First Quarter.	19 10 22 E.	19 9 22 E.	19 8 22 E.	19 7 22 E.								
Full Moon.	27 6 39 E.	27 5 39 E.	27 4 39 E.	27 3 39 E.								
1 Thurs	♂ ♀ ☉ Avoid catching cold.				11	□	7 5	4 34	7 28	6 45	4 54	7 49
2 Frid	John Brown hung 1859.				10	☿	7 6	4 34	8 28	6 46	4 54	8 46
3 Sat	♂ ☿ ☾ Pe-ru-na for bronchitis.				10	☿	7 7	4 34	9 28	6 46	4 54	9 42
4 Sun	2d Sunday in advent.				9	☿	7 8	4 33	10 31	6 47	4 54	10 38
5 Mon	Martin Van Buren born 1782.				9	☿	7 9	4 33	11 33	6 48	4 54	11 36
6 Tues	♂ ♀ ☉ Pe-ru-na cures catarrh.				9	☿	7 10	4 33	morn	6 49	4 54	morn
7 Wed	Sidney beheaded 1683.				8	☿	7 11	4 33	0 34	6 49	4 55	0 32
8 Thurs	Eli Whitney born 1765.				8	☿	7 12	4 33	1 39	6 50	4 55	1 31
9 Frid	Jupiter is the largest planet.				7	☿	7 13	4 33	2 49	6 50	4 55	2 36
10 Sat	♂ ♀ ☾ Pe-ru-na before meals.				7	☿	7 14	4 33	4 1	6 51	4 55	3 43
11 Sun	3d Sunday in advent.				6	☿	7 15	4 33	5 17	6 52	4 56	4 53
12 Mon	♂ ♀ ☾ ♂ ♀ ☾ Stormy day.				6	☿	7 16	4 33	6 29	6 52	4 56	6 4
13 Tues	Eclipse of sun invisible here.				5	☿	7 17	4 33	sets	6 53	4 57	sets
14 Wed	♂ ☿ ☾ Geo. Washington d. 1799.				5	♄	7 18	4 33	5 53	6 53	4 57	6 16
15 Thurs	Agassiz died 1873.				4	♄	7 18	4 34	7 12	6 54	4 58	7 31
16 Frid	Great fire in New York 1835.				4	♄	7 19	4 34	8 30	6 54	4 58	8 44
17 Sat	Planet Mercury nearest the sun.				3	♄	7 19	4 34	9 47	6 55	4 58	9 55
18 Sun	4th Sunday in Advent.				3	☿	7 20	4 34	11 2	6 55	4 59	11 4
19 Mon	Pe-ru-na cures coughs.				2	☿	7 20	4 34	morn	6 56	4 59	morn
20 Tues	South Carolina seceded 1860.				2	☿	7 20	4 34	0 8	6 56	4 59	0 4
21 Wed	☉ enters ♋. Winter begins.				1	☿	7 21	4 34	1 17	6 57	5 0	1 8
22 Thurs	Shortest day of the year.				1	☿	7 21	4 35	2 26	6 58	5 1	2 10
23 Frid	Washington resigned 1783.				0	☿	7 22	4 35	3 30	6 58	5 1	3 10
24 Sat	Thackeray died 1863.				0	☿	7 22	4 36	4 32	6 59	5 2	4 10
25 Sun	Christmas Day.				8.	☿	7 22	4 36	5 31	6 59	5 2	5 6
26 Mon	Stephen Girard died 1831.				1	☿	7 23	4 37	6 26	7 0	5 3	6 0
27 Tues	Total eclipse of moon to-night.				1	□	7 23	4 38	rises	7 0	5 3	rises
28 Wed	Macaulay died 1859.				2	□	7 23	4 39	5 20	7 1	5 4	5 42
29 Thurs	Sunday is not the Sabbath.				2	□	7 23	4 40	6 20	7 1	5 4	6 39
30 Frid	♂ ☿ ☾ Pe-ru-na cures colds.				3	☿	7 24	4 41	7 19	7 2	5 5	7 34
31 Sat	Andrew Johnson born 1808.				3	☿	7 24	4 42	8 21	7 2	5 5	8 30

Computed expressly for this Almanac by Rabbi L. Weiss.

Jewish Calendar for 5659.—December 9, Hanukah, 1st day; 15 Rosh-Hodesh Tebeth; 17, Hanukah, last day.

1	17
2	18
3	19
4	20
5	21
6	22
7	23
8	24
9	25
10	26
11	27
12	28
13	29
14	30
15	31

*make the great day*  
*with a small gold mark*



## December Weather Predictions.

For explanations, see January predictions, page 5.

According to indications, the month of December, 1898, will be a very stormy one. At least seven storm periods are indicated—the 1st, 3d, 6th, 10th, 12th, 14th, 30th. The storm periods occurring in the fore part of the month will be, doubtless, more or less continuous.

## Constipation.

People who are troubled with constipation should avoid the use of tea, milk, cheese, gin, beer, salt meats, smoked meats, pickles, pastry, new bread, rolls, waffles, beans, peas, and nuts. Man-a-lin should be taken. See "Ills of Life." Sent free.

## An Interesting Letter.

It is with great pleasure that I inform you of my wife's recovery from her catarrhal affections. She not only had catarrh, but also an abscess of the right lung, which was never detected until it broke. She coughed slightly and her mouth gushed full of corruption and ran over a quart before ever stopping. About four days afterwards her cough entirely ceased. She also had a spell of slow malarial fever. Before she was taken sick she weighed 175 pounds; her sickness reduced her to 97 pounds. She has gained to 165 now, and she says she feels better than she has for a good while.

She was taken with pleurisy and pneumonia, which was the start of her ailments. She had been bothered with catarrh of head and throat for about four years. Our old family physician said he had often heard of miraculous cures, but this was the first one he had ever seen. Every one who saw my wife at her worst did not think it possible for her to live more than two or three weeks; but, thanks to Dr. Hartman and his great medicine, for we give Pe-ru-na and Man-a-lin all the praise of her recovery, and we never get tired of recommending your medicine to our neighbors and friends.

My daughter Maud, 14 years old, had St. Vitus' dance. Our doctor treated her about two months, but did little good. We gave her Pe-ru-na and Man-a-lin; one bottle of each entirely cured her. One of our neighbors cured their daughter of St. Vitus' dance, that the doctors had failed to cure, with Pe-ru-na and Man-a-lin. J. J. McADAMS.



MRS. J. J. McADAMS,  
Ams, Star,  
Ind. Ter.

## Cholera Infantum.

The following things may be given a child with cholera infantum; they will generally be found to agree: Scraped beef, wine whey, scalded milk, barley water, boiled flour (boil two or three hours, then grate into scalded milk), boiled rice, boiled milk, alum whey, white of eggs, koumiss, beef peptenoids, and beef tea.

Health is the perfect adjustment of the human body to its surrounding conditions. Disease is the failure of the human body to perfectly adjust itself to its surroundings (environment.)

## Catarrh of the Head Cured.

I had catarrh of the head and suffered a great deal. I concluded to take Pe-ru-na and see what effect it would have on me. I can say I am entirely well; I never had better health. I think it is one of the best medicines I ever knew. I am 77 years old. It cures every ache and pain I have. I can recommend it to everybody who is ailing. It keeps me in good condition.

MRS. EVALINA STAPLETON.



MRS. EVALINA STAPLETON, Estlin, Mo.

## Catarrh of Ears.



MASTER MARTIN  
TALTON, Dub-  
berly, La.

My little boy had suffered with his ears ever since he was six months old. For two years he cried almost every night with them. One of them ran more than the other, and in summer they were not quite so bad, but he was always troubled with them. I wrote you in regard to the matter and you advised me to use La-cu-pi-a. We had been syringing out his ears and using carbolic acid and the usual remedies for running ears. Well, we began to use the La-cu-pi-a, and less than one bottle cured him. My husband was also troubled slightly with one ear, which La-cu-pi-a promptly cured. I am very thankful to you for curing them, and I highly recommend it.

MRS. P. F. TALTON.

To induce one to take a fraudulent remedy, or to induce one to try a good remedy for a disease to which it does not apply, is only to invite opposition and just criticism.

## A DOCTOR'S VISIT.

### Would You Like to Have Dr. Hartman Call on You?

How can that be? you ask. How can Dr. Hartman visit every family in the United States? This is the way: This Almanac goes into every house. Every one has the privilege of reading it. Through this page Dr. Hartman speaks to every family. He asks if any in this house is sick. If so, would you not like to consult me as to the nature of your disease? If you would like me to do so I will give your case careful attention. I have a large institution and many assistants and am in a position to detect the nature of disease, where they could not possibly be detected by the ordinary physician. If you want to consult me just write me and give a description of your case and I will answer you free of charge, giving you full directions for treatment. This is the way Dr. Hartman makes a free visit to every family in the United States. He has just called on you. Do you wish to consult him? Or, you may send and get a question blank to fill out, if you prefer. All letters received by him are strictly confidential. Have you catarrh of the head, throat, lungs, stomach, or any other organ of the body? If so, write to him at once. He will send you directions for treatment without charge.

### Linseed Tea.

Useful in catarrh of the bladder. Half an ounce of whole linseed (flaxseed) to one pint of boiling water. Stand near the fire for four hours. Strain and drink moderately.

### An Invalid Cured.

I am restored to health, thanks to your medicine and Almighty God. I can recommend Pe-ru-na as one of the best medicines for nervous prostration and liver or stomach trouble ever heard of or ever known to medical science. I will recommend it, for it is a wonderful medicine. W. T. DABNEY.



W. T. DABNEY,  
Carl, Tenn.

### Chronic Rheumatism.

People afflicted with chronic rheumatism should avoid starchy foods, sugar and sweets of all kinds; use salt sparingly; take no beer or malt liquors, wines, coffee, or fine white bread. They should also take La-cu-pi-a. See "Ills of Life." Sent free.

### Baked Milk.

Put a half gallon of milk in a jar, tightly covered. Let it stand in an oven with moderate heat eight or ten hours. It will be like cream and is very nutritious. Useful in anæmia and wasting diseases.

Pe-ru-na is applicable to catarrh of any mucous surface of the body in all stages. From the slightest catarrhal attack or cold to the most chronic or pronounced case of the hypertrophic form Pe-ru-na is a specific.

### The Nervous System.



This cut represents the cerebro-spinal nervous system. It consists of brain, spinal cord and nerve filaments. As is shown in the cut, the nerves pervade minutely every portion of the human body. It is the nerves that give us power to think and act, to feel and suffer. It is the nerves that furnish us the sensations, sight, sound, smell, taste and touch. It is the power of the nerves that digests

the food, causes the blood to circulate, that furnishes the warmth of the body. When any portion of the nervous system is paralyzed or weakened, one or more of these functions is weakened or destroyed. Strong nerves are essential to good health; weak nerves always bring poor health. For weak nerves and nervous prostration take Pe-ru-na before each meal—a tablespoonful.

### Trans-Siberian Railway.

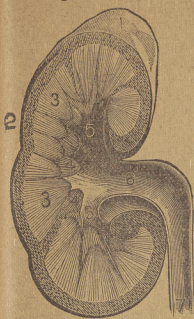
There are 70,000 workmen, exclusive of engineers and officers, at work upon the great Trans-Siberian railway. When the Siberian railway is completed the journey around the world will occupy not more than forty days, and the cost of transportation will not exceed \$400.

Catarrh in the throat or bronchial tubes gives rise to an abundance of an acrid, harmful mucus, which so irritates the bronchial tubes as to produce chronic hoarseness or cough, and in thousands of cases the fluid finds its way down into the lungs, producing the most fatal form of consumption.

The deepest hole in the world has been bored in Silesia. It has reached a depth of 6,520 feet, and passes through eighty-three beds of coal.



## Bright's Disease of the Kidneys.



This picture shows the kidney cut through the middle, revealing the interior. 1, suprarenal capsule; 2, cortical substance; 3, 3, medullary substance; 4, 4, cones or pyramids of Malpighi; 5, 5, cavity of kidney; 6, pelvis of kidney; 7, ureter, which conveys the urine from the kidneys to the bladder. The kidney and ureter are lined with mucous membrane,

which is subject to catarrh, and is known as Bright's disease. Pe-ru-na cures Bright's disease of the kidneys because it cures catarrh wherever it is located. Two tablespoonfuls of Pe-ru-na before each meal. Begin with small dose when necessary.

In Europe the number of inhabitants to the square mile is 95; in Asia it is 48; in Africa it is 15; in America it is 8; in Oceania and the polar regions it is 3; in Australia it is only 1.

## Sick Every Winter.

I received benefit from your medicine and can give it my praise as one of the best ever placed before the public. I recommend it to all, and would gladly give \$5,000 had I known the good of it one year ago. It is having a good sale, and I hope that all suffering humanity will know of its virtue. The postmaster of this place was telling me a few days ago that his wife has been using Pe-ru-na and that she has better health now than she has had for ten years. She had been subject to spells of sickness each winter for several winters, and has not had one this winter. He said he was satisfied it was due to the use of Pe-ru-na. Every one that has used it that I hear speak of it seems well satisfied with it.

ALMA MINER.



ALMA MINER,  
Swan, Ia.

The public debt of France is the largest in the world, and amounts to about \$8,000,000,000.

## Distance to Nearest Fixed Star.

If all the factories in Lancashire, England, should work day and night, producing 155,000,000 yards of thread every twelve hours (the usual output of one day) it would take them two hundred years to spin a thread long enough to reach from the earth to the nearest of the fixed stars.

## Systemic Catarrh Twenty Years.

I was sick for eighteen or twenty years and did not know what was the matter with me. I had a rolling in the stomach and pain, no appetite, sleep restless, palpitation of the heart, nervous after eating, bloated stomach, and expectorated a great deal. I had catarrh in my head, and it began to affect my eyes; nose stopped up;



OTTO F. LOSENSKY,  
44 West St., New-  
ark, N. J.

coughed every morning. I consulted several physicians. One said my blood was out of order and said he could cure me in six months. I paid him \$80 in advance, but at the end of six months I was no better. Another said I had dyspepsia. I doctored with him until I spent \$300, and was not a bit better. Then I got worse; was bedfast for two weeks. I called in another physician, and he did help me a little. He said I had catarrh of the bowels. After this I got constipated, and his medicine failed to do me any good. Then I read about Pe-ru-na. In February I got some and began to take it. I also took Man-a-lin, but I have not needed it for two months. The catarrh in my head is gone; my eyes are better; I don't have any more dizzy spells; my head feels clear; I can breathe through my nose; do not have the rolling in my stomach; my appetite is good, and I sleep well. I can eat almost anything now and have gained fourteen pounds.

OTTO F. LOSENSKY.

## Tea.

Tea, which is so common a beverage, is not a very good drink for invalids. When used by weakly persons it should be made very weak and never boiled.

Pe-ru-na stimulates the kidneys to excrete from the blood the accumulating urea, and thus prevents the convulsions which are sure to follow if the poison is allowed to remain.

The Mississippi River, at the point where it flows out of Lake Itaska, is ten feet wide and eighteen inches deep.

### A Disguised Enemy.

Chronic catarrh often makes its approach in disguise. Before a person knows it he may become a victim of chronic catarrh. Its onset may be gradual, its development insidious, and at last the victim finds himself in the clutches of a tenacious disease. A slight cold, a tendency to sneeze, a puffiness in the nose and head, fullness or crackling in the ears, stringy mucus in the throat, slight cough or wheeziness, snoring during sleep—any one of these symptoms should be regarded as a warning. What can be cured in the beginning in a week or two, by using Pe-ru-na, if allowed to become chronic, may require months of faithful treatment. You had better take Pe-ru-na now, for by and by you may be obliged to take it a long time in order to get well. Pe-ru-na is the remedy for catarrh; almost everybody knows that by hearsay, and thousands know it by blessed experience.

The loftiest inhabited place in the world is the Buddhist monastery of Haine, in Thibet. It is about 17,000 feet above the sea.

### Neuralgia (Ticdouloureux.)



This plate shows the nerves of the head and face most subject to neuralgia, known as the 5th pair. It also shows the 7th nerve, issuing from below the ear, spreading over the face; the 5th nerve has 3 main branches: Ophthalmic (over the eye); superior maxillary (under the eye); and the inferior maxillary, at the side of the lower jaw. For neuralgia take Pe-ru-na. See "Ills of Life." Sent free.

### Man-a-lin

operates on the excretory glands of the body, the stomach, bowels, liver and pancreas. Man-a-lin cures dyspepsia, constipation, sick headache, biliousness, chronic liver complaint, jaundice, piles, thick sediment in urine, sour stomach, waterbrash, dizziness, and disagreeable breath. Send for free copy of "Ills of Life."

### Catarrh of Head Six Years.



MRS. S. B. BRYANT,  
Crawford, Miss.

I suffered about six years with catarrh of the head. It was so bad I could not breathe through my nose for weeks at a time. I took ten bottles of your Pe-ru-na, and now I am entirely well. I have been two years since I took the Pe-ru-na, and I cannot say too much for it. My father is still using Pe-ru-na with great success.

MRS. S. B. BRYANT.

The famous rivers of ancient Greece, which are mentioned so often by the poets and historians of the peninsula, were mere creeks, some of them scarcely larger than brooks, and not deserving the name of river.

### Completely Cured of Catarrh.

Mr. C. H. Jennisch is proprietor of one of the leading machine shops in Decorah, Ia. He had been troubled with catarrh for several years and had tried many remedies without effect until he commenced taking Pe-ru-na, of which he used four bottles during the winter of 1895. He claims it entirely cured him. He recommends it to all people who are afflicted with catarrh, and he thinks it the best medicine prepared.



C. H. JENNISCH,  
Decorah, Ia.

The sea has no herbivorous inhabitant. Its population live on each other, and the whole of this immense expanse of water is one great slaughter house, where the strong forever prey upon the weak.

### La-cu-pi-a

is a blood purifier that has no equal. It is a specific for chronic skin diseases, salt rheum (eczema), scald head, erysipelas, boils, carbuncles, pimples, contagious blood poison acquired or hereditary, primary, secondary or tertiary syphilis, chronic inflammation, old ulcers, diseases of the bones, scrofula, enlarged glands, and all chronic blood humors. Send for free copy of Spring Book.

The Japanese language is said to contain 60,000 words, every one of which requires a different symbol. It is quite impossible for one man to learn the entire language, and a well educated Japanese is familiar with only about 10,000 words.



## Catarrh Explained.

The nervous system is the source of all our bodily powers, mental or physical. The brain and spinal cord generate the power and the nerve fibres convey the power to every part of the body. It is the nerves that give the heart power to beat; it is the nerves that give to the arteries the power to contract, and thus regulate the flow of blood through them. Each artery is provided with an elastic or muscular coat, which is capable of contracting or expanding so as to permit more or less blood to pass through, according to the needs of the body.

When the nerves are paralyzed or weakened this contractile power of the blood vessels is wholly or partly destroyed. This produces congestion, especially of the mucous membrane lining the various organs of the body. When this congestion continues for some time it is known as chronic catarrh. The congestion may occur in the mucous membrane lining the nose, throat, bronchial tubes, lungs, stomach, bowels, kidneys or pelvic organs. Whenever it occurs it produces the same condition—chronic catarrh.

The marshy ground of the Ganges delta, with its vast masses of vegetation decaying under a tropical sun, is the native home of the cholera. In that pestilential region the cholera and plague are found every year and all the year round. Every cholera epidemic which has desolated Europe, every visitation of the plague, is believed to have started from the mouth of the Ganges.

## Heart Disease.



MRS. E. C. WORLEY,  
Concord Depot, Va.

I received your letter of advice and commenced treatment at once and am a new woman. I have not had an attack of the heart for over a month. I think Pe-ru-na has done me more good than any medicine I have ever taken. No one ever thought I should be as well as I am. I would not be without your medicine for anything. Life was not worth living until I took your medicine. I pray that other women may try your medicine and get relief as I have done. It has saved my life. My sister is now taking it for weak lungs. She thinks it the greatest medicine in the world.

MRS. E. C. WORLEY.

## Indigestion.

For several years I was troubled with indigestion, an increase of acid in the stomach, headache, loss of appetite, dizziness, and almost complete paralysis of the left arm. My friends advised me to try Pe-ru-na, and, after taking one bottle, I could see great improvement in my condition. Four bottles cured me sound and well, and I have not felt a symptom of my trouble since taking Pe-ru-na. I can never praise Pe-ru-na enough. I will praise and recommend it as long as I live.

MRS. N. K. BROWN.



MRS. N. K. BROWN,  
Alexander, N. C.

## Nervousness.

The cause of nervousness is, generally, overwork, mental worry, or impoverished blood. Any one with pure, rich blood, who takes not too much exercise, nor too little, gets plenty of sleep, knows nothing about nervousness. There is a foolish opinion which many people have that nervousness indicates weakness of the will or mind. Nothing can be farther from the truth than this. A nervous person is sick always, and can no more keep from being nervous than he could change the color of his eyes. Nervousness means anemia of the nerve centers. This is brought about either by impure blood or overtaxing the nerve centers. The mind has nothing to do with it; at least not any more than with other diseases. Regular habits, good digestion, and careful avoidance of all excesses, will cure nervousness. In order to secure these most desirable things Pe-ru-na will be found to be of great assistance. Taken before meals it will increase the appetite, assist digestion, and thereby invigorate the nerve centers. No one is to blame for being nervous any more than for being bilious or constipated. There is a sense in which one is to blame for any ailment, as every disease is but an indication that we have broken some law that governs the body. Strictly speaking, we bring upon ourselves every ailment; but this is no more true of nervousness than of other diseases. Nervous people are entitled to more sympathy than any other class of invalids, but, as a rule, they get the least.

### The Planet Mars.

The planet Mars has always been a very interesting study on account of its nearness to the earth and the similarity of its physical condition. What have been called the Canals of Mars are shown in the accompany cut. These breaks or



The Planet Mars, as observed by the Astronomer, J. W. HUSSEY, Aug. 17, 1892.

markings in the surface of the planet have been familiar to astronomers for a long time. For want of a better name, they have been called canals, and the supposition has thus been raised that the planet is inhabited by beings similar to ourselves. Mr. Percival Lowell thinks they are not really canals, but lines of irrigation; that the planet Mars, on account of its age (being

millions of years older than the earth), is nearly destitute of water; that the melting of the ice cap on its north pole every summer furnishes nearly all the water it has; that the lines visible on the surface are simply fertile streaks which remain on the planet, the rest of the planet being barren desert, of a reddish, ochre color.

In regard to the inhabitants of Mars dwelling upon a half dried-up world, and compelled to husband its small remaining store of water with such infinite pains, Mr. Lowell has nothing to offer. He accepts the opinions, previously advanced by others, that the people of Mars may be of gigantic stature, on account of the small force of gravity there, and therefore capable of greater physical feats than we perform, and that, their world being further along in its geological history than ours is, they also have attained a more advanced state of civilization and culture than yet exists among the peoples of the earth.

### An Astronomical Coincidence.

In 1899, from the 19th of October to the 23d, every planet (excepting Neptune and Vulcan), and the moon also, will be almost opposite the earth in Taurus and Gemini. This will naturally cause an unusual perturbation of the earth in its orbit around the sun. Whether this perturbation will cause any disturbance of the earth noticeable to its inhabitants or not remains to be seen.

It is said that the value of Peruvian bark was first discovered by the fact that sick animals in Peru were observed to gnaw the bark off a certain tree. Men tried the same remedy with beneficial results, and quinine was given to the world.

### Aluminum.

The price of aluminum has dropped from \$8.00 a pound to 35 cents in ten years, and the production in this country has risen from nothing to over 1,000,000 pounds a year. A French firm promises a price of 15 cents a pound as soon as its output reaches a certain figure. Such a price will bring this metal into as wide use as that of iron and steel at the present time. The requisite material—bauxite and clay—is widely distributed, much more widely than iron, and there is little doubt that the manufacture of aluminum will in a very few years become one of the most important industries of the country.

### Palpitation.



MRS. E. S. LANE, Barnard, Mo.

I have taken in all, three bottles of Pe-ru-na, and one and a half of Man-a-lin. I think them the best medicines I ever saw. They have helped me wonderfully. So many of those bad symptoms have left me entirely. The Pe-ru-na cured the palpitation of my heart which troubled me so much. I

was also a great sufferer from constipation, but Man-a-lin cured that, and I only had to take a bottle and a half. When I commenced taking your medicines my life was a burden to me. I could only just drag about the house, but now I do my own work and feel so much better every way. Pe-ru-na and Man-a-lin are the best medicines in the world.

MRS. E. S. LANE.

### Beet Sugar.

This country pays out \$75,000,000 to \$100,000,000 a year for imported sugars. A large part of this goes to Germany. The latter produces 1,250,000 tons of beet sugar a year, where this country produces a little more than 50,000 tons. France produces 750,000 tons a year. In favorable sections no agricultural crop is so profitable as the sugar beet, and a number of factories are springing into existence, the first in New York State having just been set up.

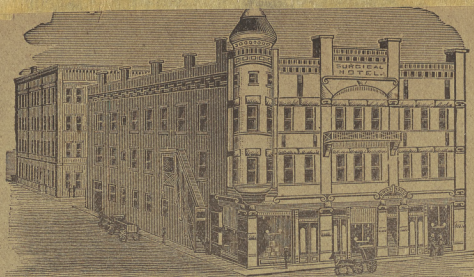
The center of population in this country in 1790 was twenty-three miles east of Baltimore; in 1870 it was fifty miles east of Cincinnati; now it is very near Columbus, Ind. It moves westward at the rate of thirty-six to eighty-one miles every ten years.

The United States army, limited by law since June 1894, to 25,000 men, forms a very modest land force when compared with the prodigious armies of European countries, and its maintenance costs more than \$50,000,000 a year.

The maintenance of the Russian army costs \$125,000,000 a year, and the French and German armies costs about the same.







**SURGICAL HOTEL, Nos. 239 to 251 S. 4th St., Columbus, Ohio. Main Entrance, 247.**

This institution is devoted to the accommodation of patients treated by Dr. HARTMAN and his Surgical Staff. It is open day and night for the reception of patients. It is provided with a Solar Arcade, and both the lower and upper parlors are connected with it. It is in these two rooms that patients not confined to their beds amuse themselves during the day. The object of this Arcade is to promote the health of the patients. It is one of the few institutions in the country that has this important hygienic provision. The buildings are heated by steam and hot water, lighted by gas and electricity, and newly furnished with everything to secure perfect comfort and benefit to the inmates. The Hotel is provided with bath-rooms for the exclusive use of the patients. The dining-room is equal in all its appointments to that of a first-class hotel. No patients are admitted with contagious diseases of any kind. No pains have been spared to make the place homelike and cheerful. Perfect ventilation throughout every part of the building has been provided for by the most approved methods.

The surgical work of this institution has been divided into seven departments. In the first none but cripples, paralysis, and deformities are treated; in the second cancers, tumors and facial blemishes; in the third, the eye; fourth, the ear and organic chronic catarrh; fifth, genito-urinary surgery (diseases of the rectum and genito-urinary organs, such as piles, strictures, enlarged prostate, nightly losses, sexual weakness, etc., etc.); sixth, female diseases, including all the disorders peculiar to the female sex (Gynecology); seventh, the drinking, opium, and tobacco habits. These departments are entirely separate and independent of each other. Each department is provided with a special surgeon of eminence and ability. These surgeons are all under the direction of Dr. HARTMAN, and he is in consultation with them whenever his opinion, advice, or assistance is needed. In the four-story building are located the offices, private consultation rooms, public waiting room, operating room, dark room for examining the eye, mechanical treatment rooms for mechanico-therapeutic massage, special bath-rooms, microscopic and chemical analysis room, general office for clerks, copyists, stenographers, etc. etc., and the Superintendent's room. The buildings containing these various departments are so connected with the Surgical Hotel buildings as to convert them practically into one building, which prevents the necessity of going up or down steps or going out of doors to pass from one to the other. In like manner, a third building has been added for the Gynecology and Genito-Urinary cases.

Any person afflicted with one or more of the ailments treated in any of the following books should write us, giving sex, age, length of time afflicted, and previous treatment, and we will send a copy of the book treating on his ailment free; to all others we furnish them at the following prices:

	CENTS.
Paralysis.....	25
Club Feet.....	10
Curvature of the Spine.....	10
Hip-Joint Diseases (including diseases of all the other joints, Knock-Knees, Deformed Knees, Ankles, Wrists, Elbow-Joints, Hare-Lip, and other deformities).....	20
Mechanical and Manual Massage.....	10
Book on Cancers, Skin Diseases, Moles, Discoloration, and Superfluous Hair.....	10
Diseases of the Eye.....	10
Diseases of the Ear (including Organic Catarrh).....	10
Private Counselor (including diseases of the Rectum and Genito-Urinary organs).....	10
A complete Book on Female Diseases and accidents peculiar to the sex (Gynecology).....	20
Pamphlet on Drunkenness, Opium and Tobacco Habits.....	5

For further particulars address

**SURGICAL HOTEL, Columbus, O.**

[All correspondence is free and strictly confidential.]

SHORT CALENDAR FOR TWO YEARS.

JUNE.		MAY.		APRIL.		MARCH.		FEB.		JAN.		1897.	
SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.	SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
1	2	3	4	5	6	7	8	9	10	11	12	13	14

PE-RU-NA, MAN-A-LIN AND LA-CU-PI-A

Are sold by nearly every first-class druggist. If you should fail to get them drug-store, try all others in your vicinity, and should the druggist be unwilling to get them for you, write to us and we will suggest a way to get them.

Manufactured by THE PERUNA DRUG MANUFACTURING CO., Columbus

UNITED STATES EDITION.

COMPLIMENTS OF  
DR. E. S. HEISER.

Market St.,

Lewisburg, Pa

—‡ DEALER IN ‡—

DRUGS, MEDICINES AND CHEMICALS

*Fancy and Toilet Articles,*

Toilet Soaps, Sponges, Brushes, Combs, Perfumery, E

AND SELLS

PERUNA, MANALIN AND LACUPIA.

PHYSICIANS' PRESCRIPTIONS CAREFULLY COMPOUNDED.